

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# August 2018

## Assisted Living Activity Calendar

			<p>1 9:15 Catholic Service - DA 10:00 Sit and Be Fit with Coleen- CO 1:30 Bingo - CH 2:00 Healthy Hydration 2:45 Library Outing 4:15 Mail Delivery</p>	<p>2 9:15 Morning Wake and Stretch 10:00 Shopping Outing 1:30 Board Games - CH 2:00 Healthy Hydration 3:00 Thirsty Thursday w/ Kenny- CH 4:15 Mail Delivery</p>	<p>3 9:15 Morning Stroll 10:00 Sit and Be Fit with Coleen - WI 1:30 Tasty Treat and Scenic Drive 2:00 Healthy Hydration 3:00 Ice Cream Delivery 4:15 Mail Delivery</p>	<p>4 9:15 Porch Talk 10:00 Bingo 11:30 One on One Visits 2:00 Healthy Hydration 3:30 Music and Trivia 4:15 Mail Delivery <b>Chocolate Chip Cookie Day!</b></p>
<p>5 9:15 Morning Stroll 10:00 Bingo - CH 11:30 One on One Visits 1:30 Movie and Popcorn in Your Cottage 2:00 Healthy Hydration 4:00 Relax and Reminisce</p>	<p>6 9:15 Music and Movement 10:30 One on One Visits 1:30 Bingo - CH 2:00 Healthy Hydration 3:00 Root Beer Float Party- CH 4:15 Mail Delivery <b>National Root Beer Float Day!</b></p>	<p>7 9:15 Morning Chat 10:00 Exercise with Genesis Rehab - CO 1:30 Bingo - CH 2:00 Healthy Hydration 3:00 Club House Air Ball – CH 4:15 Mail Delivery</p>	<p>8 9:15 Catholic Service - DA 10:00 Sit and Be Fit with Coleen- CA 1:30 Bingo - CH 2:00 Healthy Hydration 3:00 Arts and Crafts - CH 4:15 Mail Delivery</p>	<p>9 9:15 Morning Wake and Stretch 10:00 Shopping Outing 1:30 Card Games – CH 2:00 Healthy Hydration 3:00 Thirsty Thursday w/ Berna and Wes - CH 4:15 Mail Delivery</p>	<p>10 9:15 Morning Stroll 10:00 Sit and Be Fit with Coleen – WA 1:30 Scenic Drive 2:00 Healthy Hydration 3:00 Ice Cream Delivery 4:15 Mail Delivery</p>	<p>11 9:15 Porch Talk 10:00 Bingo - CH 11:30 One on One Visits 2:00 Bingo – CH 2:00 Healthy Hydration 3:30 Music and Trivia 4:15 Mail Delivery</p>
<p>12 9:15 Morning Stroll 10:00 Bingo - CH 11:30 One on One Visits 1:30 Movie and Popcorn in Your Cottage 2:00 Healthy Hydration 4:00 Relax and Reminisce</p>	<p>13 9:15 Music and Movement 10:30 One on One Visits 1:30 Bingo - CH 2:00 Healthy Hydration 3:00 Creative Coloring Club - DA 4:15 Mail Delivery</p>	<p>14 9:15 Morning Chat 10:00 Exercise with Genesis Rehab - CO 1:30 Bingo - CH 2:00 Healthy Hydration 3:00 Resident Council Meeting - CH 4:15 Mail Delivery</p>	<p>15 9:15 Catholic Service - DA 10:00 Sit and Be Fit with Coleen – DA 1:30 Bingo - CH 2:00 Healthy Hydration 3:00 Mobile Book Swap 4:15 Mail Delivery</p>	<p>16 9:15 Morning Wake and Stretch 10:00 Shopping Outing 1:15 Board Games - CH 2:00 Healthy Hydration 3:00 Thirsty Thursday w/ Frank - CH 4:15 Mail Delivery</p>	<p>17 9:15 Morning Stroll 10:00 Sit and Be Fit with Coleen - CO 11:30 Lunch Outing to Red Ginger 2:00 Healthy Hydration 3:00 Ice Cream Delivery 4:15 Mail Delivery</p>	<p>18 9:15 Porch Talk 10:00 Bingo- CH 11:30 One on One Visits 2:00 Healthy Hydration 3:30 Music and Trivia 4:15 Mail Delivery</p>
<p>19 9:15 Morning Stroll 10:00 Bingo - CH 11:30 One on One Visits 1:30 Movie and Popcorn in Your Cottage 2:00 Healthy Hydration 4:00 Relax and Reminisce</p>	<p>20 9:15 Music and Movement 10:30 One on One Visits 1:30 Bingo - CH 2:00 Healthy Hydration 3:00 Creative Coloring Club - CO 4:15 Mail Delivery</p>	<p>21 9:15 Morning Chat 10:00 Exercise with Genesis Rehab - CO 1:30 Bingo - CH 2:00 Healthy Hydration 3:00 Club House Bowling – CH 4:15 Mail Delivery</p>	<p>22 9:15 Catholic Service - DA 10:00 Sit and Be Fit with Coleen - WI 12:00 Treasure Island Birthday Bash w/ Berna and Wes – CH 2:00 Healthy Hydration 4:15 Mail Delivery</p>	<p>23 9:15 Morning Wake and Stretch 10:00 Shopping Outing 1:15 Card Games - CH 2:00 Healthy Hydration 3:00 Thirsty Thursday &amp; Karaoke - CH 4:15 Mail Delivery</p>	<p>24 9:15 Morning Stroll 10:00 Sit and Be Fit with Coleen – CA 1:30 Scenic Drive 2:00 Healthy Hydration 3:00 Ice Cream Delivery 4:15 Mail Delivery</p>	<p>25 9:15 Porch Talk 10:00 Bingo - CH 11:30 One on One Visits 2:00 Healthy Hydration 3:30 Music and Trivia 4:15 Mail Delivery</p>
<p>26 9:15 Morning Stroll 10:00 Bingo - CH 11:30 One on One Visits 1:30 Movie and Popcorn in Your Cottage 2:00 Healthy Hydration 4:00 Relax and Reminisce</p>	<p>27 9:15 Music and Movement 10:30 One on One Visits 1:30 Bingo - CH 2:00 Healthy Hydration 3:00 Creative Coloring Club - WI 4:15 Mail Delivery</p>	<p>28 9:15 Morning Chat 10:00 Exercise with Genesis Rehab - CO 1:30 Bingo - CH 2:00 Healthy Hydration 3:00 Club House Volleyball – CH 4:15 Mail Delivery</p>	<p>29 9:15 Catholic Service - DA 10:00 Sit and Be Fit with Coleen - WI 1:30 Bingo - CH 2:00 Healthy Hydration 3:00 Arts and Crafts- CH 4:15 Mail Delivery</p>	<p>30 9:15 Morning Wake and Stretch 10:00 Shopping Outing 1:15 Board Games - CH 2:00 Healthy Hydration 3:00 Thirsty Thursday &amp; U-Pick Music - CH 4:15 Mail Delivery</p>	<p>31 9:15 Morning Stroll 10:00 Sit and Be Fit with Coleen - DA 1:30 Tasty Treat and Scenic Drive 2:00 Healthy Hydration 3:00 Ice Cream Delivery 4:15 Mail Delivery</p>	<p><b>Location Key</b> CH - Club House CA - Canary CO - Coconut DA - Date WA - Washington WI - Windmill</p>