

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# November 2018

## Palm Cottages Assisted Living & Memory Care

					9:15 Morning Wake & Stretch <b>10:00 Walmart Shopping Outing</b> 1:30 Board Games - CH 2:00 Healthy Hydration <b>3:00 Thirsty Thursday w/ Kenny- CH</b> 4:15 Mail Delivery	9:15 Morning Stroll 10:00 One on One Visits <b>1:00 Beach Outing/Scenic Drive</b> 2:00 Healthy Hydration 3:00 Airball and Trivia - CH 4:15 Mail Delivery	9:15 Porch Talk 10:00 Bingo 1:00 One on One Visits 2:00 Healthy Hydration 2:30 Ice Cream Delivery 4:15 Mail Delivery
9:15 Morning Stroll 10:00 Bingo - CH 11:30 One on One Visits 1:30 Movie and Popcorn in Your Cottage 2:00 Healthy Hydration 4:00 Relax and Reminisce  <small>Daylight Saving Time Ends</small>	9:15 Morning Chat 10:00 Fusion Fitness with Faith – CA 1:30 Bingo - CH 2:00 Healthy Hydration 3:00 Coloring Club - CO 4:15 Mail Delivery	9:15 Morning Stroll 10:00 Exercise with Genesis Rehab – CO <b>10:30 Christian Service and Music w/ Pastor Pina - MT</b> 1:30 Bingo - CH 2:00 Healthy Hydration 3:00 Board Games- CH 4:15 Mail Delivery	<b>9:30 Catholic Mass with Father John Patrick- MT</b> 10:00 Fusion Fitness with Faith – DA 1:30 Bingo - CH 2:00 Healthy Hydration 3:00 Mobile Book Swap 4:15 Mail Delivery	<b>10:00 Walmart Shopping Outing</b> <b>10:30 Visit from PlaySmart Preschoolers- CA, CO, DA</b> 2:00 Healthy Hydration <b>2:00 Veteran's Recognition and Celebration - CH</b> <b>3:00 Thirsty Thursday w/ Berna &amp; Wes - CH</b> 4:15 Mail Delivery	9:15 Morning Stroll 10:00 One on One Visits <b>11:30 Lunch Outing to Squid Lips (GROUP 1)</b> 2:00 Healthy Hydration 3:00 Airball and Trivia - CH 4:15 Mail Delivery	9:15 Porch Talk 10:00 Bingo 1:00 One on One Visits 2:00 Healthy Hydration 2:30 Ice Cream Delivery 4:15 Mail Delivery	
9:15 Morning Stroll 10:00 Bingo - CH 11:30 One on One Visits 1:30 Movie and Popcorn in Your Cottage 2:00 Healthy Hydration 4:00 Relax and Reminisce  <small>Veterans Day (US) Remembrance Day (Canada)</small>	9:15 Morning Chat 10:00 Fusion Fitness with Faith – CA <b>1:00 Brevard Zoo Outing</b> 1:30 Bingo - CH 2:00 Healthy Hydration 3:00 Coloring Club - CO 4:15 Mail Delivery	9:15 Morning Stroll 10:00 Exercise with Genesis Rehab - CO 1:30 Bingo - CH 2:00 Healthy Hydration <b>3:00 Resident Council Meeting - CH</b> 4:15 Mail Delivery	9:30 Catholic Service - DA 10:00 Fusion Fitness with Faith - DA <b>12:00 Harvest Celebration Birthday Bash w/ Berna and Wes - CH</b> 2:00 Healthy Hydration 4:15 Mail Delivery	9:15 Morning Wake & Stretch <b>10:00 Walmart Shopping Outing</b> 1:30 Board Games - CH 2:00 Healthy Hydration <b>3:00 Thirsty Thursday w/ Frank - CH</b> 4:15 Mail Delivery	9:15 Morning Stroll 10:00 One on One Visits <b>1:00 Outing to Veteran's Memorial Center in Merritt Island</b> 3:00 Airball and Trivia - CH 4:15 Mail Delivery	9:15 Porch Talk 10:00 Bingo 1:00 One on One Visits 2:0 Healthy Hydration 2:30 Ice Cream Delivery 4:15 Mail Delivery	
9:15 Morning Stroll 10:00 Bingo - CH 11:30 One on One Visits 1:30 Movie and Popcorn in Your Cottage 2:00 Healthy Hydration 4:00 Relax and Reminisce	9:15 Morning Chat 10:00 Fusion Fitness with Faith – CA <b>1:00 Beach Outing</b> 1:30 Bingo - CH 2:00 Healthy Hydration 3:00 Coloring Club- CO 4:15 Mail Delivery	9:15 Morning Stroll 10:00 Exercise with Genesis Rehab - CO <b>10:30 Walmart Shopping Outing</b> 1:30 Bingo - CH 2:00 Healthy Hydration 3:00 Thanksgiving Craft 4:15 Mail Delivery	9:30 Catholic Service - DA 10:00 Fusion Fitness with Faith - DA 1:30 Bingo - CH 2:00 Healthy Hydration 3:00 Mobile Book Swap 4:15 Mail Delivery	9:00 Macy's Day Parade Viewing in Your Cottage 10:00 Window Shopping the Holiday Newspaper Ads 12:00 Thanksgiving Lunch 1:00 NFL Football 2:00 Holiday TV Movies <b>Happy Thanksgiving!</b>  <small>Thanksgiving Day (US)</small>	9:15 Morning Stroll 10:00 One on One Visits 1:30 Bingo- CH 2:00 Healthy Hydration 3:00 Airball and Trivia - CH 4:15 Mail Delivery	9:15 Porch Talk 10:00 Bingo 1:00 One on One Visits 2:00 Healthy Hydration 2:30 Ice Cream Delivery 4:15 Mail Delivery	
9:15 Morning Stroll 10:00 Bingo - CH 11:30 One on One Visits 1:30 Movie and Popcorn in Your Cottage 2:00 Healthy Hydration 4:00 Relax and Reminisce	9:15 Morning Chat 10:00 Fusion Fitness with Faith – CA <b>1:00 Brevard Zoo Outing</b> 1:30 Bingo – CH 2:00 Healthy Hydration 3:00 Holiday Card Writing/ Coloring Club - CO 4:15 Mail Delivery	9:15 Morning Stroll 10:00 Exercise with Genesis Rehab - CO 1:30 Bingo - CH 2:00 Healthy Hydration <b>2:30 Shopping with Cottonways- CH</b> 4:15 Mail Delivery	9:30 Catholic Service - DA 10:00 Fusion Fitness with Faith - DA 1:30 Bingo - CH 2:00 Healthy Hydration <b>3:00 Suntree Library Outing</b> 4:15 Mail Delivery	9:15 Morning Wake & Stretch <b>10:00 Walmart Shopping Outing</b> 1:30 Board Games - CH 2:00 Healthy Hydration <b>3:00 Thirsty Thursday w/ Karaoke</b> 4:15 Mail Delivery	9:15 Morning Stroll 10:00 One on One Visits <b>11:30 Lunch Outing to Squid Lips (GROUP 2)</b> 2:00 Healthy Hydration 3:00 Airball and Trivia - CH 4:15 Mail Delivery	<b>Location Key</b> CH - Club House MT – CH Movie Theatre CA - Canary CO - Coconut DA - Date WA - Washington WI – Windmill <b>Highlight = New Activities</b> <b>**Copies of Calendar in CH**</b>	