

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2018

Palm Cottages Memory Care Calendar

<p>1</p> <p>Exercise w/ Genesis Games/Puzzles Cottage Airball Healthy Hydration Thirsty Thursday One on One Visits</p>	<p>2</p> <p>AM Wake & Stretch Arts and Crafts Music with Ken Healthy Hydration Air Ball/Trivia - CH One on One Visits</p>	<p>3</p> <p>Porch Chats/Music Trivia and Coloring Bingo Healthy Hydration Ice Cream Delivery One on One Visits</p>
<p>4</p> <p>Sunday Stroll Games/Puzzles Movie/Football & Popcorn Healthy Hydration Relax & Reminisce</p> <p>Daylight Saving Time Ends</p>	<p>5</p> <p>AM Wake & Stretch Exercise w/ Faith Cottage Airball One on One Visits Healthy Hydration Porch Chats</p>	<p>6</p> <p>Christian Service Bingo Picnic Lunch Healthy Hydration Arts and Crafts One on One Visits</p>
<p>11</p> <p>Sunday Stroll Games/Puzzles Movie/Football & Popcorn Healthy Hydration Relax & Reminisce</p> <p>Veterans Day (US) Remembrance Day (Canada)</p>	<p>12</p> <p>AM Wake & Stretch Music w/ Berna (Q&R) Exercise w/ Faith Cottage Airball One on One Visits Healthy Hydration Porch Chats/Music</p>	<p>13</p> <p>Morning Chats Bingo Zoo Outing Healthy Hydration Arts and Crafts One on One Visits</p>
<p>18</p> <p>Sunday Stroll Games/Puzzles Movie/Football & Popcorn Healthy Hydration Relax & Reminisce</p>	<p>19</p> <p>AM Wake & Stretch Exercise w/ Faith Cottage Airball One on One Visits Healthy Hydration Porch Chats</p>	<p>20</p> <p>Morning Chats Bingo Picnic Lunch Healthy Hydration Arts and Crafts One on One Visits</p>
<p>25</p> <p>Sunday Stroll Games/Puzzles Movie/Football & Popcorn Healthy Hydration Relax & Reminisce</p>	<p>26</p> <p>AM Wake & Stretch Music w/ Berna (S) Exercise w/ Faith Cottage Airball One on One Visits Healthy Hydration Porch Chats/Music</p>	<p>27</p> <p>Morning Chats Bingo Zoo Outing Healthy Hydration Cottonways Shopping Arts and Crafts One on One Visits</p>
<p>7</p> <p>Catholic Mass Exercise w/ Faith Porch Chats/Music Healthy Hydration Tasty Treat Outing One on One Visits</p>	<p>8</p> <p>Exercise w/ Genesis Games/Puzzles Cottage Bowling Healthy Hydration Veteran's Day Ceremony Thirsty Thursday One on One Visits</p>	<p>9</p> <p>AM Wake & Stretch Arts and Crafts Music with Linda Healthy Hydration Air Ball/Trivia- CH One on One Visits</p>
<p>14</p> <p>Communion Exercise w/ Faith Birthday Bash Porch Chats/Music Healthy Hydration One on One Visits</p>	<p>15</p> <p>Exercise w/ Genesis Games/Puzzles Cottage Airball Healthy Hydration Thirsty Thursday One on One Visits</p>	<p>16</p> <p>AM Wake & Stretch Arts and Crafts Veteran's Museum Outing Healthy Hydration Airball/Trivia- CH One on One Visits</p>
<p>21</p> <p>Communion Exercise w/ Faith Porch Chats/Music Healthy Hydration Tasty Treat Outing One on One Visits</p>	<p>22</p> <p>Happy Thanksgiving!</p> <p>Thanksgiving Day (US)</p>	<p>23</p> <p>AM Wake & Stretch Arts and Crafts Music with Linda Healthy Hydration Air Ball/Trivia - CH One on One Visits</p>
<p>28</p> <p>Communion Exercise w/ Faith Porch Chats/Music Healthy Hydration Tasty Treat Outing One on One Visits</p>	<p>29</p> <p>Exercise w/ Genesis Games/Puzzles Cottage Airball Healthy Hydration Thirsty Thursday One on One Visits</p>	<p>30</p> <p>AM Wake & Stretch Arts and Crafts Healthy Hydration Air Ball/Trivia - CH One on One Visits</p>
<p>24</p> <p>Porch Chats/Music Trivia and Coloring Bingo Healthy Hydration Ice Cream Delivery One on One Visits</p>	<p>24</p> <p>Porch Chats/Music Trivia and Coloring Bingo Healthy Hydration Ice Cream Delivery One on One Visits</p>	<p>24</p> <p>Porch Chats/Music Trivia and Coloring Bingo Healthy Hydration Ice Cream Delivery One on One Visits</p>