

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# May 2019

## Palm Cottages Assisted Living and Memory Care Calendar

	<p>9:30 Catholic Service- DA 10:00 Exercise with Staff- DA 1:30 Bingo- CH 2:00 Healthy Hydration 3:00 Mobile Book Swap 4:15 Mail Delivery</p> <p>May Day</p>	<p>9:15 Morning Wake &amp; Stretch <b>10:00 Walmart Shopping Outing</b> 1:30 Board/Card Games - CH 2:00 Healthy Hydration <b>3:00 Thirsty Thursday w/ Kenny – CH</b> 4:15 Mail Delivery</p>	<p>9:15 Morning Stroll <b>10:00 Fitness with Guest Instructor- WI</b> <b>1:30 Scenic Drive &amp; Tasty Treat</b> 2:00 Healthy Hydration 3:00 Airball and Trivia - CH 4:15 Mail Delivery</p> <p><b>NATIONAL SPACE DAY!</b></p>	<p>9:15 Porch Talk 10:00 Bingo 1:00 One on One Visits 2:00 Healthy Hydration <b>2:30 Ice Cream Delivery</b> 4:15 Mail Delivery</p> <p><b>NATIONAL BIRD DAY!</b></p>		
<p>9:15 Morning Stroll 10:00 Bingo - CH 11:30 One on One Visits 1:30 Movie and Popcorn in Your Cottage 2:00 Healthy Hydration 4:00 Relax and Reminisce</p> <p>Cinco de Mayo</p>	<p>9:15 Morning Chat <b>10:00 Fitness with Staff- CO</b> 1:30 Bingo - CH 2:00 Healthy Hydration <b>3:00 Publix Shopping Outing</b> 4:15 Mail Delivery</p> <p><b>NATIONAL NURSES DAY!</b> Ramadan</p>	<p>9:15 Morning Stroll 10:00 Exercise with Genesis Rehab - CO <b>10:30 Christian Service w/ Pastor Lucas and Music- DA</b> 1:30 Bingo - CH 2:00 Healthy Hydration <b>3:00 Flower Planting/Potting- CH</b> 4:15 Mail Delivery</p>	<p><b>9:30 Catholic Mass w/ Father John Patrick- DA</b> 10:00 Exercise with Staff- DA <b>1:30 Bingo with Power Round – CH</b> 2:00 Healthy Hydration 4:15 Mail Delivery</p>	<p>9:15 Morning Wake &amp; Stretch <b>10:00 Walmart Shopping Outing</b> 1:30 Board/Card Games - CH 2:00 Healthy Hydration <b>3:00 Thirsty Thursday w/ Berna and Wes – CH</b> 4:15 Mail Delivery</p>	<p>9:15 Morning Stroll <b>10:00 Fitness with Guest Instructor- CA</b> <b>12:00 Tropical Garden Mother's Day Lunch w/ Ash Reeder &amp; Steel Drums- CH</b> 2:00 Healthy Hydration 3:00 Airball and Trivia - CH 4:15 Mail Delivery</p>	<p>9:15 Porch Talk 10:00 Bingo 1:00 One on One Visits 2:00 Healthy Hydration <b>2:30 Ice Cream Delivery</b> 4:15 Mail Delivery</p>
<p>9:15 Morning Stroll 10:00 Bingo - CH 11:30 One on One Visits 1:30 Movie and Popcorn in Your Cottage 2:00 Healthy Hydration 4:00 Relax and Reminisce <b>HAPPY MOTHER'S DAY!</b></p> <p>Mother's Day</p>	<p>9:15 Morning Chat <b>10:30 Fusion Fitness with Faith- CO</b> 1:30 Bingo - CH 2:00 Healthy Hydration <b>2:45 Baker's Delight Mini-Dessert Creations- CH</b> 4:15 Mail Delivery</p>	<p>9:15 Morning Stroll 10:00 Exercise with Genesis Rehab – CO 1:30 Bingo - CH 2:00 Healthy Hydration <b>3:00 Resident Council Meeting- CH</b> 4:15 Mail Delivery</p>	<p>9:30 Catholic Service- DA 10:00 Exercise with Staff- DA <b>1:30 Bingo with Power Round- CH</b> 2:00 Healthy Hydration 3:00 Mobile Book Swap 4:15 Mail Delivery</p>	<p>9:15 Morning Wake &amp; Stretch <b>10:00 Walmart Shopping Outing</b> 1:30 Board/Card Games - CH 2:00 Healthy Hydration <b>3:00 Thirsty Thursday w/ Frank– CH</b> 4:15 Mail Delivery</p>	<p>9:15 Morning Stroll <b>10:00 Fitness with Guest Instructor- WA</b> <b>12:00 Lunch Outing to The Olive Garden (GROUP 1)</b> 2:00 Healthy Hydration 3:00 Airball and Trivia - CH 4:15 Mail Delivery</p>	<p>9:15 Porch Talk 10:00 Bingo 1:00 One on One Visits 2:00 Healthy Hydration <b>2:30 Ice Cream Delivery</b> 4:15 Mail Delivery</p> <p>Armed Forces Day</p>
<p>9:15 Morning Stroll 10:00 Bingo - CH 11:30 One on One Visits 1:30 Movie and Popcorn in Your Cottage 2:00 Healthy Hydration 4:00 Relax and Reminisce</p>	<p>9:15 Morning Chat <b>10:30 Fusion Fitness with Faith – CO</b> 1:30 Bingo - CH 2:00 Healthy Hydration <b>3:00 Dollar Tree Shopping Outing</b> 4:15 Mail Delivery</p> <p>Victoria Day (Canada)</p>	<p>9:15 Morning Stroll 10:00 Exercise with Genesis Rehab - CO 1:30 Bingo - CH 2:00 Healthy Hydration <b>2:45 Jewelry Making- CH</b> 4:15 Mail Delivery</p> <p><b>NATIONAL AMERICAN RED CROSS FOUNDER'S DAY!</b></p>	<p>9:30 Catholic Service- DA 10:00 Exercise with Staff- DA <b>12:00 Grill'n &amp; Chill'n Picnic Birthday Bash- CH</b> 2:00 Healthy Hydration 3:00 Bingo- CH 4:15 Mail Delivery</p>	<p>9:15 Morning Wake &amp; Stretch <b>10:00 Walmart Shopping Outing</b> 1:30 Board/Card Games - CH 2:00 Healthy Hydration <b>3:00 Thirsty Thursday w/ Berna and Wes– CH</b> 4:15 Mail Delivery</p>	<p>9:15 Morning Stroll <b>10:00 Fitness with Guest Instructor- CA</b> <b>1:00 Beach Outing &amp; Tasty Treat</b> 2:00 Healthy Hydration 3:00 Airball and Trivia - CH 4:15 Mail Delivery</p>	<p>9:15 Porch Talk 10:00 Bingo 1:00 One on One Visits 2:00 Healthy Hydration <b>2:30 Ice Cream Delivery</b> 4:15 Mail Delivery</p>
<p>9:15 Morning Stroll 10:00 Bingo - CH 11:30 One on One Visits 1:30 Movie and Popcorn in Your Cottage 2:00 Healthy Hydration 4:00 Relax and Reminisce</p>	<p>9:15 Morning Chat <b>10:30 Fitness with Faith- CO</b> 1:30 Bingo - CH 2:00 Healthy Hydration 2:30 Board/Card Games 3:30 Trivia and Music</p> <p><b>HAPPY MEMORIAL DAY!</b> Memorial Day</p>	<p>9:15 Morning Stroll 10:00 Exercise with Genesis Rehab - CO 1:30 Bingo - CH 2:00 Healthy Hydration <b>2:45 Edible Architecture Competition- CH</b> 4:15 Mail Delivery</p>	<p>9:30 Catholic Service- DA 10:00 Exercise with Staff- DA <b>1:30 Bingo with Power Round- CH</b> 2:00 Healthy Hydration 3:00 Mobile Book Swap 4:15 Mail Delivery</p>	<p>9:15 Morning Wake &amp; Stretch <b>10:00 Walmart Shopping Outing</b> 1:30 Board/Card Games - CH 2:00 Healthy Hydration <b>3:00 Thirsty Thursday w/ Music of the Decades– CH</b> 4:15 Mail Delivery</p> <p><b>NATIONAL CREATIVITY DAY!</b></p>	<p>9:15 Morning Stroll <b>10:00 Fitness with Guest Instructor- WI</b> <b>12:00 Lunch Outing to The Olive Garden (GROUP 2)</b> 2:00 Healthy Hydration 3:00 Airball and Trivia - CH 4:15 Mail Delivery</p>	<p><b>Location Key</b> CH - Club House CA - Canary CO – Coconut DA - Date WA - Washington WI – Windmill</p> <p><b>**Copies of Calendar Available In CH**</b></p>