

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2019

Palm Cottages Memory Care Calendar

<p>1</p> <p>Communion Card Games Porch Chats/Music Healthy Hydration Arts and Crafts One on One Visits</p> <p>May Day</p>	<p>2</p> <p>Exercise w/ Genesis Cottage Bingo Cottage Bowling Healthy Hydration 3:00 Thirsty Thursday w/ Kenny-CH One on One Visits</p>	<p>3</p> <p>AM Wake & Stretch Exercise Class 1:30 Music w/ Ken Healthy Hydration Air Ball/Trivia - CH One on One Visits</p>	<p>4</p> <p>Porch Chats/Music Trivia Adult Coloring Healthy Hydration Ice Cream Delivery One on One Visits</p>			
<p>5</p> <p>Sunday Stroll Games/Puzzles Movie & Popcorn Healthy Hydration Relax & Reminisce</p> <p>Cinco de Mayo</p>	<p>6</p> <p>AM Wake & Stretch Exercise Class Cottage Airball One on One Visits Healthy Hydration Porch Chats/ Music</p> <p>Ramadan</p>	<p>7</p> <p>Morning Chats Cottage Bingo 10:30 Christian Service and Music w/ Pastor Lucas - DA Healthy Hydration 2:00 Outing TBD One on One Visits</p>	<p>8</p> <p>9:30 Catholic Mass- DA Card Games Porch Chats/Music 11:00 Picnic Lunch Healthy Hydration Arts and Crafts One on One Visits</p>	<p>9</p> <p>Exercise w/ Genesis Cottage Bingo Cottage Bowling Healthy Hydration 3:00 Thirsty Thursday w/ Berna & Wes- CH One on One Visits</p>	<p>10</p> <p>AM Wake & Stretch 10:30 Exercise Class 12:00 Mother's Day Lunch (RSVP only)-CH Healthy Hydration Air Ball/Trivia - CH One on One Visits</p>	<p>11</p> <p>Porch Chats/Music Trivia Adult Coloring Healthy Hydration Ice Cream Delivery One on One Visits</p>
<p>12</p> <p>Sunday Stroll Games/Puzzles Movie & Popcorn Healthy Hydration Relax & Reminisce</p> <p>Mother's Day</p>	<p>13</p> <p>AM Wake & Stretch 11:00 Exercise w/ Faith Cottage Airball One on One Visits Healthy Hydration Porch Chats/ Music</p>	<p>14</p> <p>Morning Chats Cottage Bingo Healthy Hydration 3:00 Outing TBD Games/Puzzles One on One Visits</p>	<p>15</p> <p>Communion 10:00 Outing TBD Porch Chats/Music Healthy Hydration Arts and Crafts One on One Visits</p>	<p>16</p> <p>Exercise w/ Genesis Cottage Bingo Cottage Bowling Healthy Hydration 3:00 Thirsty Thursday w/ Frank- CH One on One Visits</p>	<p>17</p> <p>AM Wake & Stretch Exercise Class 1:15 Music w/ Linda Healthy Hydration Air Ball/Trivia - CH One on One Visits</p>	<p>18</p> <p>Porch Chats/Music Trivia Adult Coloring Healthy Hydration Ice Cream Delivery One on One Visits</p> <p>Armed Forces Day</p>
<p>19</p> <p>Sunday Stroll Games/Puzzles Movie & Popcorn Healthy Hydration Relax & Reminisce</p>	<p>20</p> <p>AM Wake & Stretch 11:00 Exercise w/ Faith Cottage Airball One on One Visits Healthy Hydration 2:45 Baking Fun- CH Porch Chats/ Music</p> <p>Victoria Day (Canada)</p>	<p>21</p> <p>Morning Chats Cottage Bingo Cottage Golf Healthy Hydration Games/Puzzles One on One Visits</p>	<p>22</p> <p>Communion Card Games 12:00 BBQ Birthday Bash- CH Healthy Hydration Arts and Crafts One on One Visits</p>	<p>23</p> <p>Exercise w/ Genesis Cottage Bingo Cottage Bowling Healthy Hydration 3:00 Thirsty Thursday w/ Berna & Wes- CH One on One Visits</p>	<p>24</p> <p>AM Wake & Stretch Exercise Class Gazebo Games Healthy Hydration Air Ball/Trivia - CH One on One Visits</p>	<p>25</p> <p>Porch Chats/Music Trivia Adult Coloring Healthy Hydration Ice Cream Delivery One on One Visits</p>
<p>26</p> <p>Sunday Stroll Games/Puzzles Movie & Popcorn Healthy Hydration Relax & Reminisce</p>	<p>27</p> <p>AM Wake & Stretch 11:00 Exercise w/ Faith Cottage Airball One on One Visits Healthy Hydration Porch Chats/ Music</p> <p>Memorial Day</p>	<p>28</p> <p>Morning Chats Cottage Bingo Games/Puzzles Healthy Hydration 2:00 Outing TBD One on One Visits</p>	<p>29</p> <p>Communion Card Games Porch Chats/Music 11:00 Picnic Lunch Healthy Hydration Arts and Crafts One on One Visits</p>	<p>30</p> <p>Exercise w/ Genesis Cottage Bingo Cottage Bowling Healthy Hydration 3:00 Thirsty Thursday w/ Music of the Decades- CH One on One Visits</p>	<p>31</p> <p>AM Wake & Stretch Exercise Class Gazebo Games Healthy Hydration Air Ball/Trivia - CH One on One Visits</p>	<p>CH = Club House DA = Date Cottage</p> <p>** Extra copies of calendar in CH **</p> <p><i>Ideas? Comments? Send them to: smelnyk@palmcottagesfl.com</i></p>