

Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday



# December 2018

## Palm Cottages Memory Care Calendar

 <h1>December 2018</h1> <h2>Palm Cottages Memory Care Calendar</h2>							<p>1</p> <p>Porch Chats/Music Trivia and Coloring Bingo Healthy Hydration Ice Cream Delivery One on One Visits</p>
<p>1<sup>st</sup> Day of Hanukkah Advent Begins</p> <p>2</p> <p>Sunday Stroll Games/Puzzles Movie/Football &amp; Popcorn Healthy Hydration Relax &amp; Reminisce</p>	<p>3</p> <p>AM Wake &amp; Stretch <b>Exercise w/ Faith (Q)</b> Cottage Airball One on One Visits Healthy Hydration Porch Chats <small>First Day of Hanukkah</small></p>	<p>4</p> <p>Morning Chats Bingo <b>Zoo Outing</b> Healthy Hydration Arts and Crafts One on One Visits <b>Space Coast Light Fest (6:15pm)</b></p>	<p>5</p> <p><b>Catholic Mass</b> Arts and Crafts Porch Chats/Music Healthy Hydration <b>Tasty Treat Outing</b> One on One Visits <b>Melbourne Orchestra Concert (6:15pm)</b></p>	<p>6</p> <p><b>Exercise w/ Genesis</b> Games/Puzzles Cottage Airball Healthy Hydration <b>Thirsty Thursday</b> One on One Visits</p>	<p><i>Pearl Harbor Day</i></p> <p>7</p> <p>AM Wake &amp; Stretch <b>Exercise w/ Coleen Music with Ken (1:30pm)</b> Healthy Hydration Air Ball/Trivia - CH One on One Visits</p>	<p>8</p> <p>Porch Chats/Music Trivia and Coloring Bingo Healthy Hydration Ice Cream Delivery One on One Visits</p>	
<p>9</p> <p>Sunday Stroll Games/Puzzles Movie/Football &amp; Popcorn Healthy Hydration Relax &amp; Reminisce</p>	<p>10</p> <p>AM Wake &amp; Stretch <b>Music w/ Berna (Q&amp;R)</b> <b>Exercise w/ Faith (Q)</b> Cottage Airball One on One Visits Healthy Hydration Porch Chats/Music</p>	<p>11</p> <p><b>Christian Service</b> Bingo <b>Picnic Lunch</b> Healthy Hydration <b>Martin Anderson Choir (3pm, CH)</b> One on One Visits</p>	<p>12</p> <p><b>Communion</b> <b>Children Carolers (10:30am, CH)</b> <b>Holiday Card Making</b> Healthy Hydration <b>Tasty Treat Outing</b> One on One Visits</p>	<p>13</p> <p><b>Exercise w/ Genesis</b> Games/Puzzles Cottage Bowling Healthy Hydration One on One Visits <b>Holiday Party (5pm)</b></p>	<p>14</p> <p>AM Wake &amp; Stretch <b>Exercise w/ Coleen Music with Linda</b> Healthy Hydration Air Ball/Trivia- CH One on One Visits</p>	<p>15</p> <p>Porch Chats/Music Trivia and Coloring Bingo Healthy Hydration Ice Cream Delivery One on One Visits</p>	
<p>16</p> <p>Sunday Stroll Games/Puzzles Movie/Football &amp; Popcorn <b>Young Adult Christian Carolers (1:30pm, R)</b> Healthy Hydration Relax &amp; Reminisce</p>	<p>17</p> <p>AM Wake &amp; Stretch <b>Exercise w/ Faith (Q)</b> Cottage Airball One on One Visits Healthy Hydration Porch Chats</p>	<p>18</p> <p>Morning Chats Bingo <b>Bonworth Shopping (10:30am, CH)</b> <b>Picnic Lunch</b> Healthy Hydration Arts and Crafts One on One Visits</p>	<p>19</p> <p><b>Communion</b> <b>Holiday Ornament Making</b> Porch Chats/Music Healthy Hydration <b>Tasty Treat Outing</b> One on One Visits <b>Space Coast Light Fest (6:15pm)</b></p>	<p>20</p> <p><b>Exercise w/ Genesis Student Carolers (10am, CH)</b> Cottage Airball Healthy Hydration <b>December Party/ Thirsty Thursday (3pm, CH)</b> One on One Visits</p>	<p><i>Winter Solstice</i></p> <p>21</p> <p>AM Wake &amp; Stretch <b>Exercise w/ Coleen Music with Linda</b> Healthy Hydration Airball/Trivia- CH One on One Visits <small>Winter Begins</small></p>	<p>22</p> <p>Porch Chats/Music Trivia and Coloring Bingo Healthy Hydration Ice Cream Delivery One on One Visits</p>	
<p>23</p> <p>Sunday Stroll Games/Puzzles Movie/Football &amp; Popcorn Healthy Hydration Relax &amp; Reminisce</p>	<p>24</p> <p>AM Wake &amp; Stretch <b>Music w/ Berna (S)</b> Cottage Airball One on One Visits Healthy Hydration Porch Chats/Music</p>	<p>25</p> <p><b>Merry Christmas!</b>  <small>Christmas Day</small></p>	<p><i>Kwanzaa Begins</i></p> <p>26</p> <p><b>Communion</b> Arts and Crafts Porch Chats/Music Healthy Hydration One on One Visits <small>Kwanzaa Begins</small></p>	<p>27</p> <p><b>Exercise w/ Genesis</b> Games/Puzzles Cottage Bowling Healthy Hydration One on One Visits</p>	<p>28</p> <p>AM Wake &amp; Stretch <b>Exercise w/ Coleen</b> Healthy Hydration Air Ball/Trivia - CH One on One Visits</p>	<p>29</p> <p>Porch Chats/Music Trivia and Coloring Bingo Healthy Hydration Ice Cream Delivery One on One Visits</p>	
<p>30</p> <p>Sunday Stroll Games/Puzzles Movie/Football &amp; Popcorn Healthy Hydration Relax &amp; Reminisce</p>	<p><i>New Year's Eve</i></p> <p>31</p> <p>AM Wake &amp; Stretch <b>Exercise w/ Faith (Q)</b> Cottage Airball One on One Visits Healthy Hydration Porch Chats <small>New Year's Eve</small></p>						