

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2019

## Palm Cottages Memory Care Calendar

<p>1</p>	<p>2</p>	<p>3</p>	<p>4</p>	<p>5</p>	<p>6</p>
<p>Communion <b>Tasty Treat Outing</b> Porch Chats Healthy Hydration Arts and Crafts One on One Visits</p>	<p>Communion <b>Tasty Treat Outing</b> Porch Chats Healthy Hydration Arts and Crafts One on One Visits</p>	<p>Communion <b>Tasty Treat Outing</b> Porch Chats Healthy Hydration Arts and Crafts One on One Visits</p>	<p>Communion <b>Tasty Treat Outing</b> Porch Chats Healthy Hydration Arts and Crafts One on One Visits</p>	<p>Communion <b>Tasty Treat Outing</b> Porch Chats Healthy Hydration Arts and Crafts One on One Visits</p>	<p>Communion <b>Tasty Treat Outing</b> Porch Chats Healthy Hydration Arts and Crafts One on One Visits</p>
<p>6</p>	<p>7</p>	<p>8</p>	<p>9</p>	<p>10</p>	<p>11</p>
<p>Sunday Stroll Games/Puzzles Movie/Football &amp; Popcorn Healthy Hydration Relax &amp; Reminisce</p>	<p>AM Wake &amp; Stretch <b>Exercise w/ Faith</b> Bingo One on One Visits Healthy Hydration Porch Chats</p>	<p>Morning Chats Cottage Airball <b>Zoo Outing</b> Healthy Hydration Games/Puzzles One on One Visits</p>	<p>Communion <b>Tasty Treat Outing</b> Porch Chats Healthy Hydration Arts and Crafts One on One Visits</p>	<p><b>Exercise w/ Genesis</b> Bingo Cottage Bowling Healthy Hydration <b>Thirsty Thursday</b> One on One Visits</p>	<p>AM Wake &amp; Stretch <b>Exercise w/ Coleen</b> Healthy Hydration <b>Root Beer Float Party</b> One on One Visits</p>
<p>13</p>	<p>14</p>	<p>15</p>	<p>16</p>	<p>17</p>	<p>18</p>
<p>Sunday Stroll Games/Puzzles Movie/Football &amp; Popcorn Healthy Hydration Relax &amp; Reminisce</p>	<p>AM Wake &amp; Stretch <b>Music w/ Berna</b> <b>Exercise w/ Faith</b> Bingo One on One Visits Healthy Hydration Porch Chats/Music</p>	<p>Morning Chats <b>Christian Service and Music w/ Pastor Pina - MT</b> <b>Picnic Lunch</b> Healthy Hydration Games/Puzzles One on One Visits</p>	<p>Communion <b>Exercise w/ Faith</b> <b>Birthday Bash</b> Healthy Hydration Arts and Crafts One on One Visits</p>	<p><b>Exercise w/ Genesis</b> Bingo Cottage Bowling Healthy Hydration <b>Thirsty Thursday</b> One on One Visits</p>	<p>AM Wake &amp; Stretch <b>Exercise w/ Coleen</b> Healthy Hydration Air Ball/Trivia- CH One on One Visits</p>
<p>20</p>	<p>21</p>	<p>22</p>	<p>23</p>	<p>24</p>	<p>25</p>
<p>Sunday Stroll Games/Puzzles Movie/Football &amp; Popcorn Healthy Hydration Relax &amp; Reminisce</p>	<p>AM Wake &amp; Stretch <b>Exercise w/ Faith</b> Bingo One on One Visits Healthy Hydration Porch Chats <small>Martin Luther King Day Tu B'Shevat</small></p>	<p>Morning Chats Cottage Airball <b>Zoo Outing</b> Healthy Hydration Games/Puzzles One on One Visits</p>	<p>Communion <b>Tasty Treat Outing</b> Healthy Hydration Arts and Crafts One on One Visits</p>	<p><b>Exercise w/ Genesis</b> Bingo Cottage Bowling Healthy Hydration <b>Thirsty Thursday</b> One on One Visits</p>	<p>AM Wake &amp; Stretch <b>Exercise w/ Coleen</b> <b>Music with Linda</b> Healthy Hydration Air Ball/Trivia- CH One on One Visits</p>
<p>27</p>	<p>28</p>	<p>29</p>	<p>30</p>	<p>31</p>	<p>MT = Clubhouse Movie Theatre *Exercise w/ Faith in Royal Cottage ** Extra copies of calendar in Clubhouse  <i>Ideas? Comments? Send them to: smelnyk@palmcottagesfl.com</i></p>
<p>Sunday Stroll Games/Puzzles Movie/Football &amp; Popcorn Healthy Hydration Relax &amp; Reminisce</p>	<p>AM Wake &amp; Stretch <b>Exercise w/ Faith</b> Bingo One on One Visits Healthy Hydration Porch Chats <small>Australia Day (observed)</small></p>	<p>Morning Chats Cottage Airball <b>Picnic Lunch</b> Healthy Hydration Games/Puzzles One on One Visits</p>	<p>Communion <b>Tasty Treat Outing</b> Porch Chats Arts and Crafts Healthy Hydration One on One Visits</p>	<p><b>Exercise w/ Genesis</b> Bingo Cottage Bowling Healthy Hydration <b>Thirsty Thursday</b> One on One Visits</p>	<p>MT = Clubhouse Movie Theatre *Exercise w/ Faith in Royal Cottage ** Extra copies of calendar in Clubhouse  <i>Ideas? Comments? Send them to: smelnyk@palmcottagesfl.com</i></p>