

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2019

Palm Cottages Memory Care Calendar

								<p>1 AM Wake & Stretch Exercise w/ Coleen Music w/ Ken Healthy Hydration Air Ball/Trivia - CH One on One Visits</p>		<p>2 Porch Chats/Music Trivia Adult Coloring Healthy Hydration Ice Cream Delivery One on One Visits</p> <p style="text-align: right;"><small>Groundhog Day</small></p>			
<p>3 Sunday Stroll Games/Puzzles Movie & Popcorn Healthy Hydration Relax & Reminisce</p>		<p>4 AM Wake & Stretch Exercise w/ Faith Cottage Airball One on One Visits Healthy Hydration Porch Chats</p>		<p>5 Morning Chats Christian Service and Music w/ Pastor Pina - MT Zoo Outing Healthy Hydration Valentine's Crafts and Cookies- CH One on One Visits</p> <p style="text-align: center;"><small>Chinese New Year</small></p>		<p>6 Communion Tasty Treat Outing Porch Chats Healthy Hydration Academy Sounds Music Performance- CH One on One Visits</p>		<p>7 Exercise w/ Genesis Cottage Bingo Cottage Bowling Healthy Hydration Thirsty Thursday w/ Kenny One on One Visits</p>		<p>8 AM Wake & Stretch Exercise w/ Coleen Music w/ Linda Healthy Hydration Air Ball/Trivia- CH One on One Visits</p>		<p>9 Porch Chats/Music Trivia Adult Coloring Healthy Hydration Ice Cream Delivery One on One Visits</p>	
<p>10 Sunday Stroll Games/Puzzles Movie & Popcorn Healthy Hydration Relax & Reminisce</p>		<p>11 AM Wake & Stretch Music w/ Berna Exercise w/ Faith Cottage Airball One on One Visits Healthy Hydration Porch Chats/Music</p>		<p>12 Morning Chats Cottage Bingo Picnic Lunch Healthy Hydration Games/Puzzles One on One Visits</p>		<p>13 Communion Birthday Bash Healthy Hydration Arts and Crafts One on One Visits</p>		<p>14 Exercise w/ Genesis Cottage Bingo Cottage Bowling Healthy Hydration Thirsty Thursday Valentine's Day Party w/Dollie Dimples One on One Visits</p> <p style="text-align: center;"><small>Valentine's Day</small></p>		<p>15 AM Wake & Stretch Exercise w/ Coleen Healthy Hydration Air Ball/Trivia- CH One on One Visits</p>		<p>16 Porch Chats/Music Trivia Adult Coloring Healthy Hydration Ice Cream Delivery One on One Visits</p>	
<p>17 Sunday Stroll Games/Puzzles Movie & Popcorn Healthy Hydration Relax & Reminisce</p>		<p>18 AM Wake & Stretch Exercise w/ Faith Cottage Airball One on One Visits Healthy Hydration Porch Chats</p> <p style="text-align: center;"><small>Presidents' Day (US)</small></p>		<p>19 Morning Chats Cottage Bingo Zoo Outing Healthy Hydration Games/Puzzles One on One Visits</p>		<p>20 Communion Picnic Lunch w/AL Healthy Hydration Arts and Crafts One on One Visits</p>		<p>21 Exercise w/ Genesis Cottage Bingo Cottage Bingo Healthy Hydration Thirsty Thursday w/ Frank One on One Visits</p>		<p>22 AM Wake & Stretch Exercise w/ Coleen Music w/ Linda Healthy Hydration Air Ball/Trivia- CH One on One Visits</p>		<p>23 Porch Chats/Music Trivia Adult Coloring Healthy Hydration Ice Cream Delivery One on One Visits</p>	
<p>24 Sunday Stroll Games/Puzzles Movie & Popcorn Healthy Hydration Relax & Reminisce</p>		<p>25 AM Wake & Stretch Exercise w/ Faith Cottage Airball One on One Visits Healthy Hydration Porch Chats</p>		<p>26 Morning Chats Cottage Bingo Picnic Lunch Healthy Hydration Root Beer Float Party Games/Puzzles</p>		<p>27 Catholic Mass- MT Tasty Treat Outing Healthy Hydration Arts and Crafts One on One Visits</p>		<p>28 Exercise w/ Genesis Cottage Bingo Cottage Bowling Healthy Hydration Thirsty Thursday w/Music of the Decades One on One Visits</p>		<p>CH = Club House MT = Club House Movie Theatre *Exercise w/ Faith in Royal Cottage ** Extra copies of calendar in Club House</p> <p><i>Ideas? Comments? Send them to: smelnyk@palmcottagesfl.com</i></p>			