

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# December 2023

## Palm Cottages of Rockledge Queen and Royal

<p>9:30 Morning Walk 10:30 Church in Date Afternoon Snack Cottage Choice Activity</p>	<p><b>3</b> 9:30 Morning Stretch and Affirmations 10:00 Joggin Your Noggin 10:30 Christmas Stories 1:30 Bingo and Christmas Cookies with Tom 3:30 Garden Club 6:00 Cottage Movie</p>	<p><b>4</b> 9:30 Yoga with Ruby 10:30 Sing A Long with Erika 10:30 \$1 Store Shopping 11:00 Fancy Nails 1:30 Ice Cream Social 3:00 Balloon Volley 6:00 Evening Movie</p>	<p><b>5</b> 9:30 Morning Exercise 10:00 Garden Club 11:00 Patio Remanence 11:00 Lunch Outing (Cracker Barrel) 1:30 Bingo 2:30 Wine Down Wednesday 3:30 Creative Corner</p>	<p><b>6</b> 9:30 Exercise 10:00 Daily Affirmations 10:30 Team Cornhole with all Cottages and Staff 1:30 Mens Group</p> 	<p>9:30 Morning Exercise 10:00 Holiday music sing along. 10:30 Holiday Art 1:30 Bingo 2:30 Happy Hour 3:30 Patio Remanence 6:00 Cottage Movie/Shows</p>	<p><b>1</b> Evening Movie (Nightmare before Christmas) Big Screen on the Green. Bring your Snuggles.</p> 
<p>9:30 Morning Walk 10:30 Church in Date Afternoon Snack Cottage Choice Activity</p>	<p><b>10</b> 9:30 Movin n Groovin 10:00 Garden Club 11:00 Trivia 1:30 Bingo 3:00 Patio Coffee n Chat 3:30 Cards, Kings in the Corner 6:00 Cottage evening Show</p>	<p><b>11</b> 9:30 Yoga with Ruby 10:00 States and Capitals 10:30 Publix 11:00 Fancy Nails 1:00 Resident Council 1:30 Ice Cream Social 3:00 Balloon Volley 6:00 Evening Movie</p>	<p><b>12</b> 9:30 Morning Exercise 10:00 Rock Painting 11:00 Patio Remanence 1:00 Holiday Concert Outing 1:30 Bingo 2:30 Wine Down Wednesday 3:30 Creative Corner 6:00 Patio Remanence</p>	<p><b>13</b> 9:30 Morning Exercise 10:00 Garden Time 10:30 Pictionary 1:30 Ladies Tea in Date Wear your fancy Hats 3:00 Christmas Caroling in Clubhouse 6:00 Patio Remanence</p>	<p><b>14</b> 9:30 Morning Stretch 10:00 Holiday Music Sing Along and Dance 11:00 Glitter Art 1:30 Bingo 3:00 Patio Remanence 5-7 Resident and Family Holiday Party</p>	<p><b>8</b> 8:00 Decorating Bus for Parade, Leaving at 9:00am</p> 
<p>9:30 Morning Walk 10:30 Church in Date Afternoon Snack Cottage Choice Activity</p>	<p><b>17</b> 9:30 Movin n Groovin 10:00 Glitter Art 11:00 Finish the Phrase 1:30 Bingo 3:00 Patio Coffee n Chat 3:30 Cards, Kings in the Corner 6:00 Cottage evening Show</p>	<p><b>18</b> 9:30 Exercise 10:00 Creative Art 10:30 Walmart 11:00 Fancy Nails 1:30 Ice Cream Social 3:00 Patio Rest 6:00 Evening Movie</p>	<p><b>19</b> 9:30 Morning Exercise 10:00 Watercolor Art 11:00 Patio Remanence 1:30 Bingo 2:30 Wine Down Wednesday With a Comedian Show 3:00 Birthday Bash and New move in Mixer</p>	<p><b>20</b> 9:30 Morning Exercise 10:00 Holiday Music Sing Along 11:00 Glitter Art 2:00 Holiday Décor Scavenger Hunt against Cottages 6:00 Nightly Show</p>	<p><b>21</b> 9:30 Morning Exercise 10:00 Holiday music sing along. 10:30 Holiday Art 1:00 Zoo Trip 1:30 Bingo 3:00 Airball 5-7 Employee Holiday Party</p>	<p><b>15</b> Night on the town Christmas light viewing Scenic Ride, Leaving at 6:00pm</p> 
<p>9:30 Morning Walk 10:30 Church in Date Afternoon Snack Cottage Choice Activity</p>	<p><b>24</b> 9:30 Movin n Groovin 10:00 Glitter Art 11:00 Finish the Phrase 1:30 Bingo 3:00 Patio Coffee n Chat 3:30 Cards, Kings in the Corner 6:00 Cottage evening Show</p>	<p><b>25</b> 9:30 Chair Stretch 10:00 States and Capitals 10:30 Aldis 11:00 Fancy Nails 1:30 Ice Cream Social 3:00 Cards 6:00 Evening Movie</p>	<p><b>26</b> 9:30 Morning Exercise 10:00 Finish the Phrase 11:00 Patio Remanence 1:30 Bingo 2:30 Wine Down Wednesday 3:30 Creative Corner 6:00 Patio Remanence</p>	<p><b>27</b> 9:30 Morning Exercise 10:00 Would you Rather 11:00 Trivia 1:30 Creative Corner 2:00 Dancers Show in CH 3:30 Cards, Kings in the Corner 6:00 Cottage evening Show</p>	<p><b>22</b> 9:30 Movin n Groovin 10:00 Dancing With Erika 11:00 Trivia 1:30 Bingo 2:30 Happy Hour 3:30 Cards, Kings in the Corner 6:00 Cottage evening Show</p>	<p><b>23</b> Holiday Movie Night Showing at 6:00pm in the Clubhouse</p> 
<p>9:30 Morning Walk 10:30 Church in Date Afternoon Snack Cottage Choice Activity</p>	<p><b>25</b>  Christmas</p>	<p><b>26</b> 9:30 Chair Stretch 10:00 States and Capitals 10:30 Aldis 11:00 Fancy Nails 1:30 Ice Cream Social 3:00 Cards 6:00 Evening Movie</p>	<p><b>27</b> 9:30 Morning Exercise 10:00 Finish the Phrase 11:00 Patio Remanence 1:30 Bingo 2:30 Wine Down Wednesday 3:30 Creative Corner 6:00 Patio Remanence</p>	<p><b>28</b> 9:30 Movin n Groovin 10:00 Would you Rather 11:00 Trivia 1:30 Creative Corner 2:00 Dancers Show in CH 3:30 Cards, Kings in the Corner 6:00 Cottage evening Show</p>	<p><b>29</b> 9:30 Movin n Groovin 10:00 Glitter Art 11:00 Finish the Phrase 1:30 Bingo 2:30 Happy Hour 3:30 Cards, Kings in the Corner 6:00 Cottage evening Show</p>	<p><b>30</b> Relaxing Scenic Rides, 1 at 10:00am, 2<sup>nd</sup> at 1:00pm</p> 
<p><b>31</b>  New Year's Eve</p>	<p>All Live Music Entertainment will be in the Clubhouse including Bingo, Wine Down Wednesday, Happy Hour Is available in Cottage or Clubhouse</p> <p>Presbyterian Church 3<sup>rd</sup> Tuesday Catholic Church only the 1<sup>st</sup> and 2<sup>nd</sup> Tuesday this month held in Date @10:00am</p> <p>Scenic Rides on Fridays @1pm</p>					<p><b>Merry Christmas and Happy New Year!</b></p>

Activities are subject to change, do to interests and or weather.