

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

CH- Clubhouse
DA- Date Cottage

August 2019

Palm Cottages Memory Care Calendar

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| | | | | | 1 Exercise w/ Genesis Cottage Bingo Cottage Bowling 3:00 Happy Hour w/ w/ Kenny- CH One on One Visits | 2 AM Wake & Stretch Smooth Jazz Exercise w/ Mariah 1:30 Music w/ Ken Air Ball/Trivia - CH One on One Visits | 3 Porch Chats/Music Trivia Adult Coloring Ice Cream Get Together One on One Visits National Watermelon Day |
| 4 Sunday Stroll News and Coffee Games/Puzzles Movie & Popcorn Relax & Reminisce | 5 AM Wake & Stretch 10:30 Exercise w/ Faith Cottage Airball One on One Visits Porch Chats/ Music | 6 Morning Chats 10:00 Non-Denominational Service w/ Pastor Lucas- DA Cottage Bingo Cottage Golf One on One Visits | 7 Communion Card Games Porch Chats/Music 11:15 Lunch Outing Jewelry Making One on One Visits | 8 Exercise w/ Genesis Cottage Bingo Cottage Bowling 3:00 Happy Hour w/ w/ Berna and Wes- CH One on One Visits | 9 AM Wake & Stretch Smooth Jazz Exercise w/ Mariah 1:15 Music w/Linda Air Ball/Trivia - CH One on One Visits | 10 Porch Chats/Music Trivia Adult Coloring Ice Cream Get Together One on One Visits | |
| 11 Sunday Stroll News and Coffee Games/Puzzles Movie & Popcorn Relax & Reminisce | 12 AM Wake & Stretch 10:00 Music w/Berna 10:30 Exercise w/ Faith Cottage Airball One on One Visits Porch Chats/ Music | 13 Morning Chats 10:00 Morning Outing Cottage Bingo Cottage Golf One on One Visits | 14 Communion Card Games Porch Chats/Music 12:00 Birthday Bash- CH Arts and Crafts One on One Visits | 15 Exercise w/ Genesis Cottage Bingo Cottage Bowling 3:00 Happy Hour w/ Music and Trivia- CH One on One Visits | 16 AM Wake & Stretch Smooth Jazz & Exercise w/ Mariah Fun and Games Air Ball/Trivia - CH One on One Visits | 17 Porch Chats/Music Trivia Adult Coloring Ice Cream Get Together One on One Visits | |
| 18 Sunday Stroll News and Coffee Games/Puzzles Movie & Popcorn Relax & Reminisce | 19 AM Wake & Stretch 10:30 Exercise w/ Faith Cottage Airball One on One Visits Porch Chats/ Music | 20 Morning Chats Cottage Bingo 1:30 Afternoon Outing Cottage Golf One on One Visits | 21 Communion Card Games Porch Chats/Music 11:15 Lunch Outing Jewelry Making One on One Visits | 22 Exercise w/ Genesis Cottage Bingo Cottage Bowling 3:00 Happy Hour w/ Percy- CH One on One Visits | 23 AM Wake & Stretch Smooth Jazz Exercise Mariah 1:15 Music w/Linda Air Ball/Trivia - CH One on One Visits | 24 Porch Chats/Music Trivia Adult Coloring Ice Cream Get Together One on One Visits | |
| 25 Sunday Stroll News and Coffee Games/Puzzles Movie & Popcorn Relax & Reminisce | 26 AM Wake & Stretch 10:30 Exercise w/ Faith Cottage Airball One on One Visits Porch Chats/ Music | 27 Morning Chats 10:00 Morning Outing Cottage Bingo Cottage Golf One on One Visits | 28 10:00 Catholic Mass w/ Father John Patrick Card Games Porch Chats/Music 1:30 Afternoon Outing Arts and Crafts One on One Visits | 29 Exercise w/ Genesis Cottage Bingo Cottage Bowling 3:00 Happy Hour w/ w/ Kenny- CH One on One Visits | 30 AM Wake & Stretch Smooth Jazz Exercise w/ Mariah Fun and Games Air Ball/Trivia - CH One on One Visits | 31 Porch Chats/Music Trivia Adult Coloring Ice Cream Get Together One on One Visits | |