

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CH = Club House DA = Date Cottage ** Extra copies of calendar in CH ** <i>Ideas? Comments? Send them to: smelnyk@palmcottagesfl.com</i>	1 AM Wake & Stretch 10:30 Exercise w/ Faith Cottage Airball One on One Visits Healthy Hydration Porch Chats/ Music <i>All Fools' Day</i>	2 Morning Chats Cottage Bingo Outing TBD Healthy Hydration Games/Puzzles One on One Visits	3 9:30 Catholic Mass- DA Porch Chats/Music Healthy Hydration Arts and Crafts One on One Visits	4 Exercise w/ Genesis Cottage Bingo Cottage Bowling Healthy Hydration 3:00 Thirsty Thursday w/ Kenny-CH One on One Visits	5 AM Wake & Stretch 10:30 Exercise Class 1:00 Music w/ Ken Healthy Hydration Air Ball/Trivia - CH One on One Visits	6 Porch Chats/Music Trivia Adult Coloring Healthy Hydration Ice Cream Delivery One on One Visits
7 Sunday Stroll Games/Puzzles Movie & Popcorn Healthy Hydration Relax & Reminisce	8 AM Wake & Stretch 10:00 Music w/ Berna 10:30 Exercise w/ Faith Cottage Airball One on One Visits Healthy Hydration Porch Chats/Music	9 Morning Chats Cottage Bingo 10:30 Christian Service and Music w/ Pastor Lucas - DA Healthy Hydration Games/Puzzles One on One Visits	10 Communion 12:00 Fiesta Birthday Bash- CH Healthy Hydration Arts and Crafts One on One Visits	11 Exercise w/ Genesis Cottage Bingo Cottage Bowling Healthy Hydration 3:00 Thirsty Thursday w/ Berna & Wes- CH One on One Visits	12 AM Wake & Stretch 10:30 Exercise Class 1:00 Music w/ Linda Healthy Hydration Air Ball/Trivia - CH One on One Visits	13 Porch Chats/Music Trivia Adult Coloring Healthy Hydration 2:00 Faith Lutheran Visit One on One Visits
14 Sunday Stroll Games/Puzzles Movie & Popcorn Healthy Hydration Relax & Reminisce <i>Palm Sunday</i>	15 AM Wake & Stretch 10:30 Exercise w/ Faith Cottage Airball One on One Visits Healthy Hydration Porch Chats/Music	16 Morning Chats Cottage Bingo Outing TBD Healthy Hydration Games/Puzzles One on One Visits	17 Communion 10:00 Easter Egg Hunt w/ MOMS Club Kids Porch Chats Healthy Hydration Arts and Crafts One on One Visits	18 Exercise w/ Genesis Cottage Bingo Cottage Bowling Healthy Hydration 3:00 Thirsty Thursday w/ Frank- CH One on One Visits	19 AM Wake & Stretch 10:30 Exercise Class Gazebo Games Healthy Hydration Air Ball/Trivia - CH One on One Visits <i>Good Friday</i>	20 Porch Chats/Music Trivia Adult Coloring Healthy Hydration Ice Cream Delivery One on One Visits
21 Sunday Stroll Games/Puzzles Movie & Popcorn Healthy Hydration Relax & Reminisce <i>Easter Sunday</i>	22 AM Wake & Stretch 10:30 Exercise w/ Faith Cottage Airball One on One Visits Healthy Hydration Porch Chats/ Music <i>Earth Day</i>	23 Morning Chats Cottage Bingo Outing TBD Healthy Hydration Games/Puzzles One on One Visits	24 Communion Outing TBD Healthy Hydration 2:30 Root Beer Float Party- CH One on One Visits	25 Exercise w/ Genesis Cottage Bingo Cottage Bowling Healthy Hydration 3:00 Thirsty Thursday w/ Martin Anderson Choir- CH One on One Visits	26 AM Wake & Stretch 10:30 Exercise Class 1:00 Music w/ Linda Healthy Hydration Air Ball/Trivia - CH One on One Visits <i>Arbor Day</i>	27 Porch Chats/Music Trivia Adult Coloring Healthy Hydration Ice Cream Delivery One on One Visits
28 Sunday Stroll Games/Puzzles Movie & Popcorn Healthy Hydration Relax & Reminisce	29 AM Wake & Stretch 10:30 Exercise w/ Faith Cottage Airball One on One Visits Healthy Hydration Porch Chats/ Music	30 Morning Chats Cottage Bingo Outing TBD Healthy Hydration Games/Puzzles One on One Visits	<h1>April 2019</h1> <h2>Palm Cottages Memory Care Calendar</h2>			