

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

Location Key CH - Club House MT – CH Movie Theatre CA - Canary CO – Coconut DA - Date WA - Washington WI – Windmill **Copies of Calendar Available In CH**	1 9:15 Morning Chat 10:00 Fitness with Faith-CO 1:30 Bingo - CH 2:00 Healthy Hydration 3:00 Cottage Golf- DA 4:15 Mail Delivery All Fools' Day	2 9:15 Morning Stroll 10:00 Exercise with Genesis Rehab - CO 1:30 Bingo - CH 2:00 Healthy Hydration 3:00 Adult Coloring/Letter Writing/ Trivia- CA 4:15 Mail Delivery	3 9:30 Catholic Mass with Father John Patrick- DA 10:00 Exercise with Staff-DA 1:30 Bingo with Power Round – CH 2:00 Healthy Hydration 4:15 Mail Delivery	4 9:15 Morning Wake & Stretch 10:00 Walmart Shopping Outing 1:30 Board/Card Games - CH 2:00 Healthy Hydration 3:00 Thirsty Thursday with Kenny – CH 4:15 Mail Delivery	5 9:15 Morning Stroll 10:00 Fitness with Guest Instructor- CO 12:00 LUNCH RESCHEDULE Florida's Seafood in Cocoa Beach (GROUP 2) 2:00 Healthy Hydration 3:00 Airball and Trivia - CH 4:15 Mail Delivery	6 9:15 Porch Talk 10:00 Bingo 1:00 One on One Visits 2:00 Healthy Hydration 2:30 Ice Cream Delivery 4:15 Mail Delivery
7 9:15 Morning Stroll 10:00 Bingo - CH 11:30 One on One Visits 1:30 Movie and Popcorn in Your Cottage 2:00 Healthy Hydration 4:00 Relax and Reminisce WORLD HEALTH DAY!	8 9:15 Morning Chat 10:00 Fitness with Faith-CO 1:30 Bingo - CH 2:00 Healthy Hydration 3:00 Dollar Tree Shopping Outing 4:15 Mail Delivery	9 9:15 Morning Stroll 10:00 Exercise with Genesis Rehab – CO 10:30 Christian Service and Music with Pastor Lucas - DA 1:30 Bingo - CH 2:00 Healthy Hydration 3:00 Resident Council Meeting- CH 4:15 Mail Delivery	10 9:30 Catholic Service- DA 10:00 Exercise with Staff-DA 12:00 No Time to Siesta Fiesta Birthday Bash- CH 2:00 Healthy Hydration 3:00 Bingo- CH 4:15 Mail Delivery	11 9:15 Morning Wake & Stretch 10:00 Walmart Shopping Outing 1:30 Board/Card Games - CH 2:00 Healthy Hydration 3:00 Thirsty Thursday with Berna and Wes – CH 4:15 Mail Delivery	12 9:15 Morning Stroll 10:00 Fitness with Guest Instructor- CO 12:00 Lunch Outing to Grills Riverside (GROUP 1) 2:00 Healthy Hydration 3:00 Airball and Trivia - CH 4:15 Mail Delivery	13 9:15 Porch Talk 10:00 Bingo 1:00 One on One Visits 1:45 Healthy Hydration 2:00 Afternoon Tea with Faith Lutheran Church- CH 4:15 Mail Delivery PLANT APPRECIATION DAY!
14 9:15 Morning Stroll 10:00 Bingo - CH 11:30 One on One Visits 1:30 Movie and Popcorn in Your Cottage 2:00 Healthy Hydration 4:00 Relax and Reminisce NATIONAL DOLPHIN DAY! Palm Sunday	15 9:15 Morning Chat 10:00 Fusion Fitness with Faith – CO 1:30 Bingo - CH 2:00 Healthy Hydration 3:00 Cottage Golf- CA 4:15 Mail Delivery	16 9:15 Morning Stroll 10:00 Exercise with Genesis Rehab - CO 1:30 Bingo - CH 2:00 Healthy Hydration 2:45 Easter/Spring Craft and Goodies- CH 4:15 Mail Delivery	17 9:30 Catholic Service- DA 10:00 Easter Egg Hunt with Children from MOMS Club of Suntree/Viera- AL Lawn 1:30 Bingo with Power Round- CH 2:00 Healthy Hydration 4:15 Mail Delivery	18 9:15 Morning Wake & Stretch 10:00 Walmart Shopping Outing 1:30 Board/Card Games - CH 2:00 Healthy Hydration 3:00 Thirsty Thursday with Frank– CH 4:15 Mail Delivery	19 9:15 Morning Stroll 10:00 Fitness with Guest Instructor- CO 1:00 Beach Outing/ Scenic Drive & Tasty Treat 2:00 Healthy Hydration 3:00 Airball and Trivia - CH 4:15 Mail Delivery Good Friday	20 9:15 Porch Talk 10:00 Bingo 1:00 One on One Visits 2:00 Healthy Hydration 2:30 Ice Cream Delivery 4:15 Mail Delivery
21 9:15 Morning Stroll 10:00 Bingo - CH 11:30 One on One Visits 1:30 Movie and Popcorn in Your Cottage 2:00 Healthy Hydration 4:00 Relax and Reminisce HAPPY EASTER! Easter Sunday	22 9:15 Morning Chat 10:00 Fitness with Faith-CO 1:30 Bingo - CH 2:00 Healthy Hydration 3:00 Publix Shopping Outing 4:15 Mail Delivery NATIONAL JELLY BEAN DAY! Earth Day	23 9:15 Morning Stroll 10:00 Exercise with Genesis Rehab - CO 1:30 Bingo - CH 2:00 Healthy Hydration 3:00 Outdoor Fun and Games- TBD 4:15 Mail Delivery	24 9:30 Catholic Service- DA 10:00 Exercise with Staff-DA 1:30 Bingo – CH 2:00 Healthy Hydration 2:30 Root Beer Float Party- CH 4:15 Mail Delivery	25 9:15 Morning Wake & Stretch 10:00 Walmart Shopping Outing 1:30 Board/Card Games - CH 2:00 Healthy Hydration 3:00 Thirsty Thursday with the Martin Anderson Choir – CH 4:15 Mail Delivery	26 9:15 Morning Stroll 10:00 Fitness with Guest Instructor- CO 12:00 Lunch Outing to Grills Riverside (GROUP 2) 2:00 Healthy Hydration 3:00 Airball and Trivia - CH 4:15 Mail Delivery Arbor Day	27 9:15 Porch Talk 10:00 Bingo 1:00 One on One Visits 2:00 Healthy Hydration 2:30 Ice Cream Delivery 4:15 Mail Delivery NATIONAL BABE RUTH DAY!
28 9:15 Morning Stroll 10:00 Bingo - CH 11:30 One on One Visits 1:30 Movie and Popcorn in Your Cottage 2:00 Healthy Hydration 4:00 Relax and Reminisce INTERNATIONAL ASTRONOMY DAY!	29 9:15 Morning Chat 10:00 Fusion Fitness with Faith – CO 1:30 Bingo - CH 2:00 Healthy Hydration 3:00 Dollar Tree Shopping Outing 4:15 Mail Delivery	30 9:15 Morning Stroll 10:00 Exercise with Genesis Rehab – CO 1:30 Bingo - CH 2:00 Healthy Hydration 3:00 Adult Coloring/Letter Writing/ Trivia- CA 4:15 Mail Delivery	<h1>April 2019</h1> <h2>Palm Cottages Assisted Living and Memory Care Calendar</h2>			