

Sunday

Monday

Tuesday

Wednesday






Thursday

Friday

Saturday

November 2023

Palm Cottages Assisted Living

<p>9:30 Morning Prayer 5</p> <p>10:30 Church in Date</p> <p>1:30 Chat n Walk</p> <p>2:30 Movie Matinee</p> 	<p>9:30 Morning Stretch 6</p> <p>10:00 Patriotic Sing Along</p> <p>10:30 Finish the Phrase</p> <p>11:00 Have you ever</p> <p>1:30 Bingo (CH)</p> <p>3:30 Afternoon walk n chat.</p> <p>4:00 Social Hour</p> <p>6:00 Cottage Down Time / Resident Choice Of independent Activity</p>	<p>9:30 Trivia 7</p> <p>10:00 Walmart Trip</p> <p>10:30 Yoga with Ruby (CH)</p> <p>10:30 Glitter gel pen Art</p> <p>1:30 Posh Nails</p> <p>2:30 Treat Food Forum</p> <p>3:30 Social Hour</p> <p>6:00 Cottage Down Time / Resident Choice of Activity</p>	<p>9:30 Morning Exercise 1</p> <p>10:00 Sing Along</p> <p>10:30 States and Capitals</p> <p>11:00 Would you Rather</p> <p>1:30 Bingo</p> <p>2:30 Wine Down Wednesday (CH) Music by Fred</p> <p>6:00 Cottage Down Time / Resident Choice Of independent Activity</p>	<p>9:30 Stretch Arm Bands 2</p> <p>10:00 Scenic Ride</p> <p>10:00 Team Volleyball (outside) with all Cottages</p> <p>1:30 Ladies Tea (Date)</p> <p>2:30 Creative Art Corner</p> <p>3:30 Social Hour</p> <p>6:00 Cottage Down Time / Resident Choice</p>	<p>9:30 Morning Exercise 3</p> <p>10:00 Daily inspirational Words</p> <p>10:30 Trivia</p> <p>11:00 Pictionary</p> <p>1:30 Bingo</p> <p>2:30 Happy Hour (CH)</p> <p>6:00 Cottage Down time / Resident choice independent Activity</p>	<p>9:30 Morning Hymns 4</p> <p>10:30 Outside Walk N Talk</p> <p>1:30 Ice Cream Yummy</p> <p>2:30 Creative Art Corner</p> 
<p>9:30 Morning Prayer 12</p> <p>10:30 Church in Date</p> <p>1:30 Chat n Walk</p> <p>2:30 Movie Matinee</p> 	<p>9:30 Morning Stretch 13</p> <p>10:00 Patriotic Sing Along</p> <p>10:30 Hangman</p> <p>11:00 Word Trivia</p> <p>1:30 Bingo (CH)</p> <p>3:30 Afternoon walk n chat.</p> <p>4:00 Social Hour</p> <p>6:00 Cottage Down Time / Resident Choice Of independent Activity</p>	<p>9:30 Trivia 14</p> <p>10:00 \$ Dollar Store Trip</p> <p>10:30 Yoga with Ruby (CH)</p> <p>10:30 Glitter gel pen Art</p> <p>1:00 Resident Council</p> <p>1:30 Posh Nails</p> <p>2:30 Corn Hole Tournament (Outside) All Cottages</p> <p>3:30 Social Hour</p> <p>6:00 Cottage Down Time</p>	<p>9:30 Morning Exercise 8</p> <p>10:00 Sing Along</p> <p>10:30 States and Capitals</p> <p>11:00 Jokes</p> <p>1:30 Bingo</p> <p>2:30 Wine Down Wednesday (CH)</p> <p>4:30 Family Night (Meet n Greet new Team Members, Live music by Percv. Snacks)</p>	<p>9:30 Stretch Arm Bands 9</p> <p>10:00 Scenic Ride</p> <p>10:00 Team Volleyball (outside) with all Cottages</p> <p>1:30 Mens Group (CH)</p> <p>2:30 Fall Art</p> <p>3:30 Social Hour</p> <p>6:00 Cottage Down Time / Resident Choice</p>	<p>9:30 Morning Exercise 10</p> <p>10:00 Daily inspirational Words</p> <p>10:30 Trivia</p> <p>11:00 Pictionary</p> <p>1:30 Bingo</p> <p>2:30 Happy Hour (CH)</p> <p>6:00 Cottage Down time / Resident choice independent Activity</p>	<p>9:30 Morning Hymns 11</p> <p>10:30 Outside Walk N Talk</p> <p>1:30 Ice Creamer Yummy</p> <p>2:30 Creative Art Corner</p> <p>Special Thanks To Our Veterans</p> 
<p>9:30 Morning Prayer 19</p> <p>10:30 Church in Date</p> <p>1:30 Walk n Chat</p> <p>2:30 Movie Matinee</p> 	<p>9:30 Morning Stretch 20</p> <p>10:00 Patriotic Sing Along</p> <p>10:30 Finish the Phrase</p> <p>11:00 Have you ever</p> <p>1:30 Bingo (CH)</p> <p>3:30 Afternoon walk n chat.</p> <p>4:00 Social Hour</p> <p>6:00 Cottage Down Time / Resident Choice Of independent Activity</p>	<p>9:30 Word Trivia 21</p> <p>10:00 Walmart Trip</p> <p>10:30 Yoga with Ruby (CH)</p> <p>10:30 Puzzles/Cards</p> <p>1:30 Posh Nails</p> <p>2:30 Treat Food Forum</p> <p>3:30 Social Hour</p> <p>6:00 Cottage Down Time / Resident Choice of Activity</p>	<p>9:30 Morning Exercise 15</p> <p>10:00 Sing Along</p> <p>10:30 States and Capitals</p> <p>11:00 Hangman</p> <p>1:30 Bingo</p> <p>2:30 Wine Down Wednesday (CH) Birthday Bash Music by Ash</p> <p>6:00 Cottage Down Time / Resident Choice Of Activity</p>	<p>9:30 Stretch Arm Bands 16</p> <p>10:00 Scenic Ride</p> <p>10:00 Team Volleyball (outside) with all Cottages</p> <p>1:30 Word Trivia</p> <p>2:30 Creative Painting</p> <p>3:30 Social Hour</p> <p>6:00 Cottage Down Time / Resident Choice</p>	<p>9:30 Morning Exercise 17</p> <p>10:00 Daily inspirational Words</p> <p>10:30 Trivia</p> <p>11:00 Pictionary</p> <p>1:30 Bingo</p> <p>2:30 Happy Hour (CH) Music by Fred</p> <p>6:00 Cottage Down time / Resident choice Activity</p>	<p>9:30 Morning Sing Along 18</p> <p>10:30 Outside Walk N Talk</p> <p>1:30 Ice Cream Yummy</p> <p>2:30 Creative Art Corner</p> 
<p>9:30 Morning Prayer 26</p> <p>10:30 Church in Date</p> <p>1:30 Walk n Chat</p> 	<p>9:30 Morning Stretch 27</p> <p>10:00 Patriotic Sing Along</p> <p>10:30 States and Capitals</p> <p>11:00 Have you ever</p> <p>1:30 Bingo (CH)</p> <p>3:30 Afternoon walk n chat.</p> <p>4:00 Social Hour</p> <p>6:00 Cottage Down Time / Resident Choice Of independent Activity</p>	<p>9:30 Morning Music 28</p> <p>10:00 Trivia</p> <p>10:30 Yoga with Ruby (CH)</p> <p>10:30 Glitter gel pen Art</p> <p>1:30 Posh Nails</p> <p>2:30 Golfing Tournament (outside) against Cottages</p> <p>3:30 Social Hour</p> <p>6:00 Cottage Down Time / Resident Choice of Activity</p>	<p>9:30 Morning Exercise 22</p> <p>10:00 Sing Along</p> <p>10:30 States and Capitals</p> <p>11:00 Would you Rather</p> <p>1:30 Bingo</p> <p>2:30 Wine Down Wednesday (CH)</p> <p>6:00 Cottage Down Time / Resident Choice Of independent Activity</p>	<p>9:30 Stretch Arm Bands 23</p> <p>10:00 Scenic Ride</p> <p>10:00 Team Volleyball (outside) with all Cottages</p> <p>1:30 Thanksgiving Trivia</p> <p>2:30 Abstract Art</p> <p>3:30 Social Hour</p> <p>6:00 Cottage Down Time / Resident Choice</p> <p>Thanksgiving Day (US)</p>	<p>9:30 Morning Exercise 24</p> <p>10:00 Daily inspirational Words</p> <p>10:30 Trivia</p> <p>11:00 Cottage Scavenger hunt</p> <p>1:30 Bingo</p> <p>2:30 Happy Hour (CH)</p> <p>6:00 Cottage Down time / Resident choice independent</p>	<p>9:30 Morning Singing 25</p> <p>10:30 Outside Walk N Talk</p> <p>1:30 Ice Cream Yummy</p> <p>2:30 Creative Art Corner</p>
<p>Pet Therapy will be visiting every Wednesday Presbyterian Church 3rd Tuesday Catholic Church every Wednesday @ 9:30 in Date Friends and Family we encourage you to join us for Activities with your loved one.</p> <p>Also Music Entertainment will be Added Be on the lookout for our Family Night Flyer Date/Time Meet and Greet our new Team Members</p>						

Activities are Subject to change