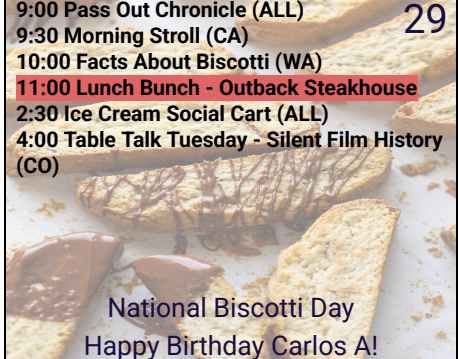


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Location Key: ALL-Stopping at Each Cottage CA-Canary Cottage CH-Clubhouse CO-Coconut Cottage D-Date Cottage G-Gazebo Memory Care Q-Queen Cottage R-Royal Cottage S-Sylvester Cottage WA-Washington Cottage WI-Windmill Cottage		9:00 Pass Out Chronicle (ALL) 9:00 Calendar Overview (ALL) 9:30 Morning Stroll (CO) 10:00 Right on Time or Haven't Left (CA) 11:00 Country Line Dances w/Anastasia (CH) 1:30 Ice Cream Social w/Music by Rick Hall (CH) 3:00 Sunburst Mirror (WA) 4:00 Table Talk Tuesday - Favorite Country Hits (S) Burnt Ends Day Country Hits Day 	9:00 Pass Out Chronicle (ALL) 9:30 Catholic Church Services (S) 10:00 Catholic Church Services (WI) 10:30 Wheelchair/Walker Clinic w/Powerback Rehab (WI) 11:00 What's Cooking w/Antonio (CH) 1:30 Rock 'n' Roll BINGO (CO) 3:00 Pineapple and Coconut Limbo Game (CA) 4:00 Popsicles on the Porch (CO) Go Coco-Nuts Day Staff: Happy Birthday Pam B!	9:00 Pass Out Chronicle (ALL) 9:30 Poo Noodle Exercises - Airball (CA) 10:00 Walmart Trip 1:30 Gardening Club (G) 2:30 Thirsty Thursday (CH) 4:00 Trivia Thursday - 70's (S) Penny Press Day Staff: Happy Birthday Monique G & Teresa M!	9:00 Pass Out Chronicle (ALL) 9:30 Fitness Friday - Elderfit TV Seated Exercises (WA) 10:00 BINGO Craft (WI) 11:00 Exercise w/Powerback Rehab (CH) 1:30 BINGO (CO) 3:00 Movie Matinee & Popcorn - The Grapes of Wrath (ALL)  National Wildlife Day	9:00 Pass Out Chronicle (ALL) 10:00 Weekend Workout - Freeze Dance (ALL) 11:00 Coloring Activity - 70's Groovy (ALL) 1:00 Corn Hole (ALL) 3:00 Sensory Saturday - Sense-ational Discovery Bottles (ALL) Play Outside Day Staff: Happy Birthday Tina M!
9:00 Pass Out Chronicle (ALL) 9:30 Virtual Church Service (ALL) 11:00 Craft Corner - VW Van Tin Can Craft (ALL) 1:00 Blackjack (ALL) 3:00 Puzzles & Ponderings (ALL) Photo Booth Day	9:00 Pass Out Chronicle (ALL) 9:30 Movement Monday - Silver Sneakers (S) 10:00 Morning Stroll (CO) 12:00 Labor Day Lunch w/Music by Joe M (CH) 2:30 BINGO (WI) 3:00 Labor Day Puzzles/Word Searches (WA) 4:00 Musical Melodies (ALL) 	9:00 Pass Out Chronicle (ALL) 9:30 Morning Stroll (S) 10:00 Stippling: The Art of Dotting (WI) 11:00 Yoga w/Latisha (CH) 1:30 Ice Cream Social & Trivia w/Anastasia (CH) 3:00 David Letterman Top 10 Lists (CA) 4:00 Table Talk Tuesday - Kickoff the Fun w/Football Funnies (WA) Top Ten Tuesday	9:00 Pass Out Chronicle (ALL) 9:30 Catholic Church Services (S) 10:00 Catholic Church Services (WI) 10:00 Wheelchair/Walker Clinic w/Powerback Rehab (CA) 11:00 Lunch Bunch - Chicken Salad Chick (CH) 2:30 BINGO (WI) 4:00 Popsicles on the Porch (S)  NFL Kickoff Day	9:00 Pass Out Chronicle (ALL) 9:30 Pool Noodle Exercise - Stretches (CO) 10:00 70's TV Character Guess Who? Game (CA) 11:00 Musical Exercise w/Courtney (CH) 1:30 Gardening Club (G) 2:30 Thirsty Thursday w/Music by Todd S (CH) 4:00 Trivia Thursday - 70's (WA) 4:30 A Taste of Elegance w/WI, CA & CO Cottages (CH) Good News Day	9:00 Pass Out Chronicle (ALL) 9:30 Fitness Friday - Elderfit TV Seated Exercises (CA) 10:00 Name That Tune Word Search (CO) 11:00 Exercise w/Powerback Rehab (CH) 1:30 BINGO (WI) 3:00 Movie Matinee & Popcorn - Willy Wonka & The Chocolate Factory (ALL) Patriot Day	9:00 Pass Out Chronicle (ALL) 10:00 Arianna w/Sending Sunshine Gardening Program (G) 11:00 Coloring Activity - Can Do Puzzle (ALL) 1:00 Scenic Ride 3:00 Scenic Ride Monkeying Around Day
9:00 Pass Out Chronicle (ALL) 10:00 Non-Denominational Church Service w/John & Marsha (CO) 11:00 Craft Corner - Grandparents Day Bookmark (ALL) 1:00 Skip-Bo (ALL) 3:00 Scenic Ride  Grandparents Day	9:00 Pass Out Chronicle (ALL) 9:30 Movement Monday - Silver Sneakers (WA) 10:00 Zoo Trip 1:30 BINGO (CO) 3:00 Tin Foil Shell Craft (WI) 4:00 Musical Melodies (ALL)  Line Dance Week ALW: Metallic Monday	9:00 Pass Out Chronicle (ALL) 9:30 Morning Stroll (WA) 10:00 Felt Mums (CA) 11:00 Yoga w/Latisha (CH) 1:30 Ice Cream Social (CH) 3:00 Popsicle Stick Polar Bear Craft (WA) 4:00 Table Talk Tuesday - Pop-Tart Flavors (WI)  Greenpeace Day ALW: Tired Tuesday	9:00 Pass Out Chronicle (ALL) 9:30 Catholic Church Services (S) 10:00 Catholic Church Services (WI) 10:00 Wheelchair/Walker Clinic w/Powerback Rehab (CO) 11:00 Morning Stroll (CO) 12:00 Birthday Bash w/Music by Jimmy Rhodes (CH) 2:30 BINGO (CO) 4:00 Popsicles on the Porch (WI)  Guacamole Day ALW: Neon/80's Wednesday	9:00 Pass Out Chronicle (ALL) 9:30 Pool Noodle Exercise - Airball (S) 10:00-12:00 Drink Truck Sponsored by St. Francis Hospice (CH) 11:00 Resident Council (CH) 1:30 Gardening Club (G) 2:30 Thirsty Thursday w/Karaoke (CH) 4:00 Trivia Thursday - Green (WI) ALW: Throwback to Grad Year Happy Birthday Patricia "Pat" E! Staff: Happy Birthday Yoshi & Lydia V!	9:00 Pass Out Chronicle (ALL) 9:30 Fitness Friday - Elderfit TV Seated Exercises (CO) 10:00 5Below Trip 1:30 BINGO (CO) 3:00 Movie Matinee & Popcorn - The Mask of Zorro (ALL)  ALW: Flapper Friday Staff: Happy Birthday Sam & Mike D!	9:00 Pass Out Chronicle (ALL) 10:00 Weekend Workout - Chair Yoga (ALL) 11:00 Coloring Activity - Oktoberfest (ALL) 1:00 Ring Toss (ALL) 3:00 Sensory Saturday - Cool Whip Painting (ALL)  Oktoberfest
9:00 Pass Out Chronicle (ALL) 9:30 Virtual Church Service (ALL) 11:00 Craft Corner - Three-Dimensional Daisy (ALL) 1:00 Blackjack (ALL) 3:00 Puzzles & Ponderings (ALL) Happy Birthday Louis "Louie" A!	9:00 Pass Out Chronicle (ALL) 9:30 Travelogue Destination: Meet Me in Montreal/Air Hockey Game (CH) 11:00 Stretches & Weights w/Erika (CH) 1:30 BINGO (WI) 3:00 Hummingbird Craft (CA) 4:00 Musical Melodies & Smoothies (ALL)  alzheimer's association World Alzheimer's Day	9:00 Pass Out Chronicle (ALL) 9:30 Morning Stroll (WI) 10:00 Soda Cap Magnets (CA) 11:00 Yoga w/Latisha (CH) 1:30 Ice Cream Social w/Music by Pearl Joy (CH) 3:00 A Day at the Races Game (CO) 4:00 Table Talk Tuesday -Favorite Things About Fall (CA) Happy Birthday Mary S! Staff: Happy Birthday Tonia M!	9:00 Pass Out Chronicle (ALL) 9:30 Catholic Church Services (S) 10:00 Catholic Church Services (WI) 10:30 Musical Scavenger Hunt (ALL) 1:30 Target Trip 3:00 All About Cranberries/Tasting (CA) 4:00 Popsicles on the Porch (WI)  Crazy About Cranberries Day	9:00 Pass Out Chronicle (ALL) 9:30 Pool Noodle Exercise - Stretches (WA) 10:00 Sea Glass Coasters (S) 11:00 Musical Exercise w/Courtney (CH) 11:00 What's Baking w/Antonio (R) 1:30 Gardening Club (G) 2:30 Thirsty Thursday (CH) 4:00 Trivia Thursday - EZ Does It (CA) Cruise Ship Day Happy Birthday Robert "Bob" W!	9:00 Pass Out Chronicle (ALL) 9:30 Fitness Friday - Elderfit TV Seated Exercises (S) 10:00 Palm Cottages Family & Friends Alzheimer Walk w/Social (Along the Property/CH) 1:30 BINGO (WI) 3:00 Movie Matinee & Popcorn - The Sound of Music (ALL) Happy Birthday Elaine L! Pacific Ocean Discovered	9:00 Pass Out Chronicle (ALL) 10:00 Weekend Workout - Scarf Throw (ALL) 11:00 Coloring Activity - All Things Purple/Alzheimers (ALL) 1:00 Yard Games Tournament (CH) 3:00 Scenic Ride Alzheimer's Walk in Cocoa Village
9:00 Pass Out Chronicle (ALL) 10:00 Non-Denominational Church Service w/John & Marsha (CO) 11:00 Craft Corner - German Scissors Snipping "Scherenschnitte" (ALL) 1:00 Skip-Bo (ALL) 3:00 Scenic Ride  Caricature Day Happy Birthday Ardis M!	9:00 Pass Out Chronicle (ALL) 9:30 Movement Monday - Silver Sneakers (WI) 10:00-12:00 Caricature Drawings w/Leo (ALL) 1:30 BINGO (CO) 3:00 93 Funny Stupid Questions (CA) 4:00 Musical Melodies (ALL) Ask a Stupid Question Day	9:00 Pass Out Chronicle (ALL) 9:30 Morning Stroll (CA) 10:00 Facts About Biscotti (WA) 11:00 Lunch Bunch - Outback Steakhouse 2:30 Ice Cream Social Cart (ALL) 4:00 Table Talk Tuesday - Silent Film History (CO)  National Biscotti Day Happy Birthday Carlos A!	9:00 Pass Out Chronicle (ALL) 9:30 Catholic Church Services (S) 10:00 Catholic Church Services (WI) 11:00 Macrame Keychains (CA) 1:30 BINGO (CO) 3:00 Frisbee Games (WA) 3:30 Mederi Caretenders Support Group (D) 4:00 Popsicles on the Porch (CA) Happy Birthday Theresa G! Staff: Happy Birthday Antonio S!	September 2026 Palm Cottages of Rockledge Assisted Living		

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Location Key: ALL-Stopping at Each Cottage CH-Clubhouse CO-Coconut Cottage D-Date Cottage G-Gazebo Memory Care Q-Queen Cottage R-Royal Cottage S-Sylvester Cottage		9:00 Pass Out Chronicle (ALL) 9:30 Morning Stroll (R) 10:00 Right on Time or Haven't Left (R) 11:00 Right on Time or Haven't Left (Q) 11:00 Country Line Dance w/Anastasia (CH) 1:30 Ice Cream Social w/Music by Rick Hall (CH) 2:00 Sunburst Mirror (R) 3:00 Sunburst Mirror (Q) 4:00 Table Talk Tuesday - Favorite Country Hits (Q) Burnt Ends Day Country Hits Day	9:00 Pass Out Chronicle (ALL) 9:30 Catholic Church Services (S) 10:00 Yoga w/Latisha (Q) 11:00 What's Cooking w/Antonio (CH) 1:30 Rock 'n' Roll BINGO (R) 2:30 Pineapple & Coconut Limbo Game (Q) 3:30 Pineapple & Coconut Limbo Game (R) 4:00 Popsicles on the Porch (R) Go Coco-Nuts Day Staff: Happy Birthday Pam B!	9:00 Pass Out Chronicle (ALL) 9:30 Pool Noodle Exercises - Airball (R) 10:00 Walmart Trip 1:30 Gardening Club (G) 2:30 Mocktails & Munchies w/Music by Dave L (Q) 4:00 Trivia Thursday - 70's (Q) Penny Press Day Staff: Happy Birthday Monique G & Teresa M!	9:00 Pass Out Chronicle (ALL) 9:30 Fitness Friday - Elderfit TV Seated Exercises (Q) 10:00 BINGO Craft (Q) 11:00 BINGO Craft (R) 11:00 Exercise w/Powerback Rehab (CH) 1:30 BINGO/Memory/Matching (R) 3:00 Movie Matinee & Popcorn - The Grapes of Wrath (ALL) National Wildlife Day	9:00 Pass Out Chronicle (ALL) 10:30 Weekend Workout - Freeze Dance (ALL) 11:30 Coloring Activity - 70's Groovy (ALL) 2:00 Corn Hole (ALL) 4:00 Sensory Saturday - Sense-ational Discovery Bottles (ALL) Play Outside Day Staff: Happy Birthday Tina M!
9:00 Pass Out Chronicle (ALL) 9:30 Virtual Church Service (ALL) 11:00 Craft Corner - VW Van Tin Can Craft (ALL) 1:00 UNO! (ALL) 3:00 Puzzles & Ponderings (ALL) Photo Booth Day	9:00 Pass Out Chronicle (ALL) 10:00 Musical Exercise w/Courtney (R) 12:00 Labor Day Lunch w/Music by Joe M (CH) 2:30 BINGO/Memory/Matching (Q) 3:30 Labor Day Puzzles/Word Searches w/Lemonade Social (Q) 4:00 Musical Melodies (ALL) Labor Day	9:00 Pass Out Chronicle (ALL) 9:30 Morning Stroll (Q) 10:00 Stippling: The Art of Dotting (Q) 11:00 Stippling: The Art of Dotting (R) 1:30 Ice Cream Social & Trivia w/Courtney (ALL) 2:30 David Letterman Top 10 Lists (R) 3:00 David Letterman Top 10 Lists (Q) 4:00 Table Talk Tuesday - Kickoff the Fun w/Football Funnies (R) Top Ten Tuesday	9:00 Pass Out Chronicle (ALL) 9:30 Catholic Church Services (S) 10:00 Yoga w/Latisha (R) 11:00 Lunch Bunch - Chicken Salad Chick (ALL) 2:30 BINGO/Memory/Matching (Q) 4:00 Popsicles on the Porch (Q) NFL Kickoff Day	9:00 Pass Out Chronicle (ALL) 9:30 70's TV Character Guess Who? Game (Q) 10:00 Stretches & Weights w/Erika (Q) 1:30 Gardening Club (G) 2:30 Mocktails & Munchies w/Karaoke (R) 4:00 Trivia Thursday - 70's (R) Good News Day	9:00 Pass Out Chronicle (ALL) 9:30 Fitness Friday - Elderfit TV Seated Exercises (R) 10:00 Name That Tune Word Search (R) 11:00 Name That Tune Word Search (Q) 11:00 Exercise w/Powerback Rehab (CH) 1:30 BINGO/Memory/Matching (Q) 3:00 Movie Matinee & Popcorn - Willy Wonka & The Chocolate Factory (ALL) Patriot Day	9:00 Pass Out Chronicle (ALL) 10:00 Arianna w/Sending Sunshine Gardening Program (G) 11:30 Coloring Activity - Can Do Puzzle (ALL) 1:00 Scenic Ride 3:00 Scenic Ride Monkeying Around Day
9:00 Pass Out Chronicle (ALL) 10:00 Non-Denominational Church Service w/John & Marsha (CO) 11:00 Craft Corner - Grandparents Day Bookmark (ALL) 1:00 Dominoes (ALL) 3:00 Scenic Ride Grandparents Day	9:00 Pass Out Chronicle (ALL) 9:30 Movement Monday - Silver Sneakers (Q) 10:00 Zoo Trip 1:30 BINGO/Memory/Matching (R) 2:30 Tin Foil Shell Craft w/Lemonade Social (R) 3:30 Tin Foil Shell Craft w/Lemonade Social (Q) 4:00 Musical Melodies (ALL) Line Dance Week ALW: Metallic Monday	9:00 Pass Out Chronicle (ALL) 9:30 Morning Stroll (R) 10:00 Felt Mums (R) 11:00 Felt Mums (Q) 1:30 Ice Cream Social (CH) 2:30 Popsicle Stick Polar Bear Craft (Q) 3:30 Popsicle Stick Polar Bear Craft (R) 4:00 Table Talk Tuesday - Pop-Tart Flavors (Q) Greenpeace Day ALW: Tired Tuesday	9:00 Pass Out Chronicle (ALL) 9:30 Catholic Church Services (S) 10:00 Yoga w/Latisha (Q) 11:00 Morning Stroll (Q) 12:00 Birthday Bash w/Music by Jimmy Rhodes (CH) 2:30 BINGO/Memory/Matching (R) 4:00 Popsicles on the Porch (R) Guacamole Day ALW: Neon/80's Wednesday	9:00 Pass Out Chronicle (ALL) 9:30 Pool Noodle Exercise - Airball (R) 10:00 Stretches & Weights w/Erika (R) 10:00-12:00 Drink Truck Sponsored by St. Francis Hospice (CH) 11:00 Resident Council (CH) 1:30 Gardening Club (G) 2:30 70's Party w/Music by Chargood (R) 4:00 Trivia Thursday - Green (Q) ALW: Throwback to Grad Year Happy Birthday Patricia "Pat" E! Staff: Happy Birthday Yoshi & Lydia V!	9:00 Pass Out Chronicle (ALL) 9:30 Fitness Friday - Elderfit TV Seated Exercises (Q) 10:00 5Below Trip 1:30 BINGO/Memory/Matching (R) 3:00 Movie Matinee & Popcorn - The Mask of Zorro (ALL) ALW: Flapper Friday Staff: Happy Birthday Sam & Mike D!	9:00 Pass Out Chronicle (ALL) 10:30 Weekend Workout - Chair Yoga (ALL) 11:30 Coloring Activity - Oktoberfest (ALL) 2:00 Ring Toss (ALL) 4:00 Sensory Saturday - Cool Whip Painting (ALL) Oktoberfest
9:00 Pass Out Chronicle (ALL) 9:30 Virtual Church Service (ALL) 11:00 Craft Corner - Three-Dimensional Daisy (ALL) 1:00 Go Fish (ALL) 3:00 Puzzles & Ponderings (ALL) Happy Birthday Louis "Louie" A!	9:00 Pass Out Chronicle (ALL) 9:30 Travelogue Destination: Meet Me in Montreal/Air Hockey Game (CH) 10:00 Musical Exercise w/Courtney (R) 11:00 Air Hockey Game (R) 1:30 BINGO/Memory/Matching (Q) 2:30 Hummingbird Craft (Q) 3:30 Hummingbird Craft (R) 4:00 Musical Melodies & Smoothies (ALL) World Alzheimer's Day	9:00 Pass Out Chronicle (ALL) 9:30 Morning Stroll (Q) 10:00 Soda Cap Magnets (Q) 11:00 Soda Cap Magnets (R) 1:30 Ice Cream Social w/Music by Pearl Joy (CH) 2:30 A Day at the Races Game (R) 3:30 A Day at the Races Game (Q) 4:00 Table Talk Tuesday -Favorite Things About Fall (R) Happy Birthday Mary S! Staff: Happy Birthday Tonia M!	9:00 Pass Out Chronicle (ALL) 9:30 Catholic Church Services (S) 10:00 Wheelchair/Walker Clinic w/Powerback Rehab (Q) 11:00 Yoga w/Latisha (R) 10:30 Musical Scavenger Hunt (ALL) 1:30 Target Trip 3:00 All About Cranberries/Tasting (Q) 4:00 Popsicles on the Porch (Q) Crazy About Cranberries Day	9:00 Pass Out Chronicle (ALL) 9:30 Sea Glass Coasters (Q) 10:00 Stretches & Weights w/Erika (Q) 11:00 What's Baking w/Antonio (R) 1:30 Gardening Club (G) 2:30 Mocktails & Munchies (R) 4:00 Trivia Thursday - EZ Does It (R) Cruise Ship Day Happy Birthday Robert "Bob" W!	9:00 Pass Out Chronicle (ALL) 9:30 Fitness Friday - Elderfit TV Seated Exercises (R) 10:00 Palm Cottages Family & Friends Alzheimer Walk w/Social (Along the Property/CH) 1:30 BINGO/Memory/Matching (Q) 3:00 Movie Matinee & Popcorn - The Sound of Music (ALL) Happy Birthday Elaine L! Pacific Ocean Discovered	9:00 Pass Out Chronicle (ALL) 10:30 Weekend Workout - Scarf Throw (ALL) 11:30 Coloring Activity - All Things Purple/Alzheimers (ALL) 1:00 Yard Games Tournament (CH) 3:00 Scenic Ride Alzheimer's Walk in Cocoa Village
9:00 Pass Out Chronicle (ALL) 10:00 Non-Denominational Church Service w/John & Marsha (CO) 11:00 Craft Corner - German Scissors Snipping "Scherenschnitte" (ALL) 1:00 Dominoes (ALL) 3:00 Scenic Ride Caricature Day Happy Birthday Ardis M!	9:00 Pass Out Chronicle (ALL) 10:00 Musical Exercise w/Courtney (Q) 10:00-12:00 Caricature Drawings w/Leo (ALL) 11:00 Make Your Own Drawing (Q) 1:30 BINGO/Memory/Matching (R) 2:30 93 Funny Stupid Questions w/Lemonade Social (R) 3:30 93 Funny Stupid Questions w/Lemonade Social (Q) 4:00 Musical Melodies (ALL) Ask a Stupid Question Day	9:00 Pass Out Chronicle (ALL) 9:30 Morning Stroll (R) 10:00 Facts About Biscotti/Tastings (R) 10:30 Facts About Biscotti/Tastings (Q) 11:00 Lunch Bunch - Outback Steakhouse 2:30 Ice Cream Social Cart (ALL) 4:00 Table Talk Tuesday - Silent Film History (Q) National Biscotti Day Happy Birthday Carlos A!	9:00 Pass Out Chronicle (ALL) 9:30 Catholic Church Services (S) 10:00 Wheelchair/Walker Clinic w/Powerback Rehab (R) 11:00 Yoga w/Latisha (Q) 11:00 Macrame Keychains (Q) 1:30 BINGO/Memory/Matching (R) 2:30 Frisbee Games (R) 3:30 Frisbee Game (Q) 3:30 Mederi Caretenders Support Group (D) 4:00 Popsicles on the Porch (R) Happy Birthday Theresa G! Staff: Happy Birthday Antonio S!	September 2026 Palm Cottages of Rockledge Memory Care		

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