

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October 2026 Palm Cottages of Rockledge Assisted Living						
9:00 Pass Out Chronicle (ALL) 9:30 Virtual Church Service (ALL) 11:00 Craft Corner - Wish/Message/Sea in a Bottle (ALL) 1:00 Skip-Bo (ALL) 3:00 Scenic Ride	9:00 Pass Out Chronicle (ALL) 9:30 Movement Monday - Silver Sneakers (CA) 10:00 Zoo Trip 1:30 BINGO (WI) 3:00 Milky Way Mural (CO) 4:00 Musical Melodies (ALL)	9:00 Pass Out Chronicle (ALL) 9:30 Morning Stroll (CO) 10:00 Parchment Paper Pumpkin (CA) 11:00 Yoga w/Latisha (CH) 1:30 Ice Cream Social w/Music by Guitar Dan (CH) 3:00 Hit or Miss Music Roulette (WA) 4:00 Table Talk Tuesday - Conversation Starters (S)	9:00 Pass Out Chronicle (ALL) 9:30 Catholic Church Services (S) 10:00 Catholic Church Services (WI) 10:30 Wheelchair/Walker Clinic w/Powerback Rehab (S) 11:00 What's Cooking w/Antonio (CH) 1:30 BINGO (WI) 3:00 Kennedy Space Center Information w/TJ (CH) 3:30 Cranium Crunches (CA) 4:00 Popsicles on the Porch (CO)	9:00 Pass Out Chronicle (ALL) 9:30 Pool Noodle Exercise - Stretches (CA) 10:00 Pipe Cleaner Ghosts Craft (WA) 11:00 Resident Council (CH) 1:30 Gardening Club (G) 2:00 Thirsty Thursday (CH) 4:00 Trivia Thursday - EZ Does It (S)	9:00 Pass Out Chronicle (ALL) 9:30 Fitness Friday - Elderfit TV Seated Exercise (WA) 10:00 Dot-to-Dot Yarn Art (S) 11:00 Exercise w/Powerback Rehab (CH) 1:30 BINGO (CO) 3:00 Movie Matinee & Popcorn - Beetlejuice (ALL)	9:00 Pass Out Chronicle (ALL) 10:00 Weekend Workout - Drum Circle (ALL) 11:00 Coloring Activity - Pop Up Card (ALL) 1:00 Ring Toss (CH)
National Ships in Bottles Day	World Teachers Day	Tunes Tuesday	Boost Your Brain Day	Happy Birthday Jean P!	Curious Events Day	Parachutes for Soldiers Day
9:00 Pass Out Chronicle (ALL) 10:00 Non-Denominational Church Service w/John & Marsha (CO) 11:00 Craft Corner - Hay There Door Decor/Mini Scarecrow Craft (ALL) 1:00 Scrabble (ALL) 3:00 Scenic Ride	9:00 Pass Out Chronicle (ALL) 9:30 Movement Monday - Exercises w/Mary Chair Seated for Arthritis (CO) 10:00 See-Through Ghost Tags (WI) 11:00 Stretches & Weights w/Latisha (CH) 1:30 BINGO (CO) 3:00 50 Interesting Facts About Hawaii (CA) 4:00 Musical Melodies (ALL)	9:00 Pass Out Chronicle (ALL) 9:30 Morning Stroll (S) 10:00 Halloween Brick Painting (CA) 11:00 Yoga w/Latisha (CH) 1:30 Ice Cream Social & Trivia w/Anastasia (CH) 3:00 Through the Web Toss (WI) 4:00 Table Talk Tuesday - Military Stories (WA)	9:00 Pass Out Chronicle (ALL) 9:30 Catholic Church Services (S) 10:00 Catholic Church Services (WI) 10:30 Wheelchair/Walker Clinic w/Powerback Rehab (WA) 11:00 Lunch Bunch - Five Guys 2:30 BINGO (CO) 4:00 Popsicles on the Porch (S)	9:00 Pass Out Chronicle (ALL) 9:30 Pool Noodle Exercises - Airball (CO) 10:00 Pumpkin Patch 2:30 Thirsty Thursday w/Karaoke (CH) 4:00 Trivia Thursday - Sesame Street (WA)	9:00 Pass Out Chronicle (ALL) 9:30 Fitness Friday - Elderfit TV Seated Exercise (CA) 10:00 Dollar Tree 1:30 BINGO (CO) 3:00 Movie Matinee & Popcorn - Addams Family (ALL)	9:00 Pass Out Chronicle (ALL) 10:00 Weekend Workout - Freeze Dance (ALL) 11:00 Coloring Activity - Scarecrows (ALL) 1:00 Yard Bowling (CH) 3:00 Sensory Saturday - Sense-ational Charcuterie (ALL)
Universal Music Day	World Arthritis Day	Happy Birthday US Navy!	Oh Pooh Day	Grouch Day	Staff: Happy Birthday Brittany H!	Scarecrow Saturday
9:00 Pass Out Chronicle (ALL) 9:30 Virtual Church Service (ALL) 11:00 Craft Corner - Turtle Shell Weaving (ALL) 1:00 Triominos (ALL) 3:00 Scenic Ride	9:00 Pass Out Chronicle (ALL) 9:30 Travelogue Destination: Checking Out the Czech Republic (CH) 11:00 Stretches & Weights w/Erika (CH) 1:30 BINGO (WI) 3:00 Ghosts & Bats Garland (CA) 4:00 Musical Melodies w/Cocoa & Cider (ALL)	9:00 Pass Out Chronicle (ALL) 9:30 Morning Stroll (WA) 10:00 Mad Science Projects (CH) 1:30 Ice Cream Social w/Music by Percy (CH) 3:00 Donut Decorating (CO) 4:00 Table Talk Tuesday - Conversation Starters (WI)	9:00 Pass Out Chronicle (ALL) 9:30 Catholic Church Services (S) 10:00 Catholic Church Services (WI) 10:30 Wheelchair/Walker Clinic w/Powerback Rehab (D) 11:00 Halloween Craft (ALL) 12:00 Birthday Bash w/Music by Andersen Elementary 6th Grade Strings (CH) 2:30 BINGO (WI) 4:00 Popsicles on the Porch w/Powerback (ALL)	9:00 Pass Out Chronicle (ALL) 9:30 Pool Noodle Exercise - Stretches (S) 10:00 Spooky Snow Globe (CA) 11:00 Musical Exercise w/Courtney (CH) 1:30 Gardening Club (G) 2:30 Thirsty Thursday w/Two of Us (CH) 4:00 Trivia Thursday - Candy Trivia (WI)	9:00 Pass Out Chronicle (ALL) 9:30 Fitness Friday - Elderfit TV Seated Exercise (CO) 10:00 Kennedy Space Center Trip 11:00 Exercise w/Powerback Rehab (R) 2:30 BINGO (WI) 4:00 Movie Matinee & Popcorn - Back to the Future (ALL)	9:00 Pass Out Chronicle (ALL) 10:00 Weekend Workout - Stretches & Weights (ALL) 11:00 Coloring Activity - Pumpkins (ALL) 1:00 Corn Hole (CH) 3:00 Scenic Ride
Happy Birthday Carol R!	Miniature Monday	Staff: Happy Birthday Erika T!	Back to the Future Day	National Color Day	Appreciate an Elephant Day	Evil Knievel Day
9:00 Pass Out Chronicle (ALL) 10:00 Non-Denominational Church Service w/John & Marsha (CO) 11:00 Craft Corner - Clay Ghosts (ALL) 1:00 Scrabble (ALL) 2:00-4:00 Trick or Treat Trail	9:00 Pass Out Chronicle (ALL) 9:30 Movement Monday - Silver Sneakers (S) 10:00 Pumpkin Patch 1:30 BINGO (CO) 3:00 Pinecone Turkey (WA) 4:00 Musical Melodies (ALL)	9:00 Pass Out Chronicle (ALL) 9:30 Morning Stroll (WI) 10:00 No-Sew Felt Teddy Bear (S) 11:00 Lunch Bunch - Dixie Crossroads 2:30 Ice Cream Social Cart (ALL) 4:00 Table Talk Tuesday - Favorite Halloween Moment (CA)	9:00 Pass Out Chronicle (ALL) 9:30 Catholic Church Services (S) 10:00 Catholic Church Services (WI) 10:00 Reversible Pumpkin/Snowman Craft (CA) 1:00 Target Trip 3:00 Interesting Facts of Red Heads and Freckles (S) 3:30 Mederi Caretenders Support Group (D) 4:00 Popsicles on the Porch (WA)	9:00 Pass Out Chronicle (ALL) 9:30 Pool Noodle Exercise - Airball (WA) 10:00 Candy Corn Craft (S) 11:00 Musical Exercise w/Courtney (CH) 11:00 What's Baking w/Antonio (Q) 1:30 Gardening Club (G) 2:30 Thirsty Thursday (CH) 4:00 Trivia Thursday - Halloween (CA)	9:00 Pass Out Chronicle (ALL) 9:30 Fitness Friday - Elderfit TV Seated Exercise (S) 10:00 Roasted Pumpkin Seeds (WA) 11:00 Exercise w/Powerback Rehab (CH) 1:00 Halloween BINGO (CO) 2:30 Halloween Party w/Music by Joe M (CH) 4:00 Movie Matinee & Popcorn - Hocus Pocus (ALL)	9:00 Pass Out Chronicle (ALL) 10:00 Weekend Workout - Musical Exercise (ALL) 11:00 Coloring Activity - Fall (ALL) 1:00 Large Table Pong (CH) 3:00 Scenic Ride
Trick OR Treat	Pumpkin Day	Happy Birthday Gladys R!	St. Jude's Day	Campfire Songs Day	Happy Birthday Harold C!	HAPPY HALLOWEEN

Activities are subject to change, without notice, due to transportation, weather and/or interest.

Location Key: ALL-Stopping at Each Cottage, CA-Canary Cottage, CH-Clubhouse, CO-Coconut Cottage, D-Date Cottage, G-Gazebo Memory Care, Q-Queen Cottage, R-Royal Cottage, S-Sylvester Cottage, WA-Washington Cottage, WI-Windmill Cottage

WEAR PINK ON FRIDAY'S FOR BREAST CANCER AWARENESS!! WEAR YOUR FAVORITE COSTUME OR HALLOWEEN COLORS ON OCT 30TH AND 31ST!!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October 2026 Palm Cottages of Rockledge Memory Care						
9:00 Pass Out Chronicle (ALL) 9:30 Virtual Church Service (ALL) 11:00 Craft Corner - Wish/Message/Sea in a Bottle (ALL) 1:00 UNO! (ALL) 3:00 Scenic Ride	9:00 Pass Out Chronicle (ALL) 9:30 Movement Monday - Silver Sneakers (R) 10:00 Zoo Trip 1:30 BINGO/Memory/Matching (Q) 2:30 Milky Way Mural w/Lemonade Social (Q) 3:30 Milky Way Mural w/Lemonade Social (R) 4:00 Musical Melodies (ALL)	9:00 Pass Out Chronicle (ALL) 9:30 Morning Stroll (Q) 10:00 Parchment Paper Pumpkin (Q) 11:00 Parchment Paper Pumpkins (R) 1:30 Ice Cream Social w/Music by Guitar Dan (CH) 2:30 Hit or Miss Music Roulette (R) 3:30 Hit or Miss Music Roulette (Q) 4:00 Table Talk Tuesday - Conversation Starters (R)	9:00 Pass Out Chronicle (ALL) 9:30 Catholic Church Services (S) 10:00 Yoga w/Latisha (R) 11:00 What's Cooking w/Antonio (CH) 1:30 BINGO/Memory/Matching (Q) 3:00 Cranium Crunches (Q) 3:00 Kennedy Space Center Information w/TJ (CH) 3:30 Cranium Crunches (R) 4:00 Popsicles on the Porch (Q)	9:00 Pass Out Chronicle (ALL) 9:30 Pool Noodle Exercise - Stretches (Q) 10:00 Stretches & Weights w/Erika (Q) 11:00 Pipe Cleaner Ghosts Craft (R) 11:00 Resident Council (CH) 1:30 Gardening Club (G) 2:00 Mocktails & Munchies w/Karaoke (CH) 4:00 Trivia Thursday - EZ Does It (R) 4:30 Taste of Elegance w/Q, R Cottages (CH)	9:00 Pass Out Chronicle (ALL) 9:30 Fitness Friday - Elderfit TV Seated Exercise (Q) 10:00 Dot-to-Dot Yarn Art (Q) 11:00 Exercise w/Powerback Rehab (CH) 1:30 BINGO/Memory/Matching (R) 3:00 Movie Matinee & Popcorn - Beetlejuice (ALL)	9:00 Pass Out Chronicle (ALL) 10:30 Weekend Workout - Drum Circle (ALL) 11:30 Coloring Activity - Pop Up Card (ALL) 1:00 Ring Toss (CH)
National Ships in Bottles Day	World Teachers Day	Tunes Tuesday	Boost Your Brain Day	Happy Birthday Jean P!	Curious Events Day	Parachutes for Soldiers Day
9:00 Pass Out Chronicle (ALL) 10:00 Non-Denominational Church Service w/John & Marsha (CO) 11:00 Craft Corner - Hay There Door Decor/Mini Scarecrow Craft (ALL) 1:00 LRC (ALL) 3:00 Scenic Ride	9:00 Pass Out Chronicle (ALL) 9:30 Movement Monday - Exercises w/Mary Chair Seated for Arthritis (Q) 10:00 Musical Exercise w/Courtney (Q) 10:30 See-Through Ghost Tags (Q) 11:00 See-Through Ghost Tags (R) 1:30 BINGO/Memory/Matching (R) 2:30 50 Interesting Facts About Hawaii w/Lemonade Social (R) 3:30 50 Interesting Facts About Hawaii w/Lemonade Social (Q) 4:00 Musical Melodies (ALL)	9:00 Pass Out Chronicle (ALL) 9:30 Morning Stroll (R) 10:00 Halloween Brick Painting (R) 11:00 Halloween Brick Painting (Q) 1:30 Ice Cream Social & Trivia w/Anastasia (CH) 2:30 Through the Web Toss (Q) 3:30 Through the Web Toss (R) 4:00 Table Talk Tuesday - Military Stories (Q)	9:00 Pass Out Chronicle (ALL) 9:30 Catholic Church Services (S) 10:00 Yoga w/Latisha (Q) 11:00 Lunch Bunch - Five Guys 2:30 BINGO/Memory/Matching (R) 3:30 (Q) 4:00 Popsicles on the Porch (R)	9:00 Pass Out Chronicle (ALL) 9:30 Pool Noodle Exercises - Airball (R) 10:00 Pumpkin Patch 2:30 Dia de Los Muertos Party w/ Music by Frank M (Q) 4:00 Trivia Thursday - Sesame Street (Q)	9:00 Pass Out Chronicle (ALL) 9:30 Fitness Friday - Elderfit TV Seated Exercise (Q) 10:00 Dollar Tree 1:30 BINGO/Memory/Matching (R) 3:00 Movie Matinee & Popcorn - Addams Family (ALL)	9:00 Pass Out Chronicle (ALL) 10:30 Weekend Workout - Freeze Dance (ALL) 11:30 Coloring Activity - Scarecrows (ALL) 1:00 Yard Bowling (CH) 3:30 Sensory Saturday - Sense-ational Charcuterie (ALL)
Universal Music Day	World Arthritis Day	Happy Birthday US Navy!	Oh Pooh Day	Grouch Day	Staff: Happy Birthday Brittany H!	Scarecrow Saturday
9:00 Pass Out Chronicle (ALL) 9:30 Virtual Church Service (ALL) 11:00 Craft Corner - Turtle Shell Weaving (ALL) 1:00 War (ALL) 3:00 Scenic Ride	9:00 Pass Out Chronicle (ALL) 9:30 Travelogue Destination: Checking Out the Czech Republic (CH) 10:00 Musical Exercise w/Courtney (R) 1:30 BINGO/Memory/Matching (Q) 2:30 Ghosts & Bats Clay Garland w/Lemonade Social (Q) 3:30 Ghosts & Bats Clay Garland w/Lemonade Social (R) 4:00 Musical Melodies w/Cocoa & Cider (ALL)	9:00 Pass Out Chronicle (ALL) 9:30 Morning Stroll (Q) 10:00 Morning Stroll (R) 10:00 Mad Science Projects (CH) 1:30 Ice Cream Social w/Music by Percy (CH) 2:30 Donut Decorating (R) 3:30 Donut Decorating (Q) 4:00 Table Talk Tuesday - Conversation Starters (R)	9:00 Pass Out Chronicle (ALL) 9:30 Catholic Church Services (S) 10:00 Yoga w/Latisha (R) 11:00 Halloween Craft (ALL) 12:00 Birthday Bash w/Music by Andersen Elementary 6th Grade Strings (CH) 2:30 BINGO/Memory/Matching (Q) 4:00 Popsicles on the Porch w/Powerback (ALL)	9:00 Pass Out Chronicle (ALL) 9:30 Pool Noodle Exercise - Stretches (Q) 10:00 Stretches & Weights w/Erika (Q) 10:30 Spooky Snow Globe (R) 11:00 Spooky Snow Globe (Q) 1:30 Gardening Club (G) 2:30 Mocktails & Munchies (R) 4:00 Trivia Thursday - Candy Trivia (R)	9:00 Pass Out Chronicle (ALL) 9:30 Fitness Friday - Elderfit TV Seated Exercise (R) 10:00 Kennedy Space Center Trip 11:00 Exercise w/Powerback Rehab (R) 2:30 BINGO/Memory/Matching (Q) 4:00 Movie Matinee & Popcorn - Back to the Future (ALL)	9:00 Pass Out Chronicle (ALL) 10:30 Weekend Workout - Stretches & Weights (ALL) 11:30 Coloring Activity - Pumpkins (ALL) 1:00 Corn Hole (CH) 3:00 Scenic Ride
Happy Birthday Carol R!	Miniature Monday	Staff: Happy Birthday Erika T!	Back to the Future Day	National Color Day	Appreciate an Elephant Day	Evil Knievel Day
9:00 Pass Out Chronicle (ALL) 10:00 Non-Denominational Church Service w/John & Marsha (CO) 11:00 Craft Corner - Clay Ghosts (ALL) 1:00 Puzzles (ALL) 2:00-4:00 Trick or Treat Trail	9:00 Pass Out Chronicle (ALL) 9:30 Movement Monday - Silver Sneakers (Q) 10:00 Pumpkin Patch 1:30 BINGO/Memory/Matching (R) 2:30 Pinecone Turkey w/Lemonade Social (R) 3:30 Pinecone Turkey w/Lemonade Social (Q) 4:00 Musical Melodies (ALL)	9:00 Pass Out Chronicle (ALL) 9:30 Morning Stroll (R) 10:00 No-Sew Felt Teddy Bear (R) 10:30 No-Sew Felt Teddy Bear (Q) 11:00 Lunch Bunch - Dixie Crossroads 2:30 Ice Cream Social Cart (ALL) 4:00 Table Talk Tuesday - Favorite Halloween Moment (Q)	9:00 Pass Out Chronicle (ALL) 9:30 Catholic Church Services (S) 10:00 Yoga w/Latisha (Q) 11:00 Reversible Pumpkin/Snowman Craft (Q) 1:00 Target Trip 3:00 Interesting Facts of Red Heads and Freckles (R) 3:30 Mederi Caretenders Support Group (D) 4:00 Popsicles on the Porch (R)	9:00 Pass Out Chronicle (ALL) 9:30 Pool Noodle Exercise - Airball (R) 10:00 Stretches & Weights w/Erika (R) 11:00 What's Baking w/Antonio (Q) 1:30 Gardening Club (G) 2:30 Mocktails & Munchies w/Music by Chris B (R) 4:00 Trivia Thursday - Halloween (Q)	9:00 Pass Out Chronicle (ALL) 9:30 Fitness Friday - Elderfit TV Seated Exercise (Q) 10:00 Roasted Pumpkin Seeds (Q) 11:00 Roasted Pumpkin Seeds (R) 11:00 Exercise w/Powerback Rehab (CH) 1:30 Halloween BINGO (R) 2:30 Halloween Party w/Music by Joe M (CH) 4:00 Movie Matinee & Popcorn - Hocus Pocus (ALL)	9:00 Pass Out Chronicle (ALL) 10:30 Weekend Workout - Musical Exercise (ALL) 11:30 Coloring Activity - Fall (ALL) 1:00 Large Table Pong (CH) 3:00 Scenic Ride
Trick OR Treat	Pumpkin Day	Happy Birthday Gladys R!	St. Jude's Day	Campfire Songs Day	Happy Birthday Harold C!	HAPPY HALLOWEEN